

# SEA BREEZE



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**Thursday, 29<sup>th</sup> March, 2018**

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# 2018 TERRIGAL PRIMARY SCHOOL CALENDAR

# TERM 1

MONTH /Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MARCH</b> <b>7</b>	12 Syd Nth Cricket trials - Girls	13 Syd Nth tennis trials – B&G	14 League Trials W/Wallahah CC B&G Soccer Gala Day	15 Selective High School test for 2019	16
<b>MARCH</b> <b>8</b>	19 P&C AGM 7pm Girls Cricket Game Bus Safety Talks	20 Syd Nth AFL trials Bus Safety Talks	21 Harmony Day Syd Nth Soccer trials - boys	22 Syd Nth Cricket trials - Boys	23 5 Lands Photography workshop
<b>MARCH</b> <b>9</b>	26 Bus Safety Talks	27 Syd Nth Hockey trials B&G New building info booth 8.30am Scripture Easter Service Bus Safety Talks	28 CC Rugby 7's Classic Shield RL Easter Raffle Draw	29 Easter Hat Parade Syd Nth Swimming	30 <b>GOOD FRIDAY</b>
<b>APRIL</b> <b>10</b>	2 <b>EASTER MONDAY</b>	3 CC Rugby 7's	4 Zone Netball trials Syd Nth R.League trials 11's 7 opens	5 Canteen – Special Lunch	6 TPS Cross Country Carnival
<b>APRIL</b> <b>11</b>	9 Rugby trials Combined zones	10 AFL Paul Kelly Cup Gala Day	11 NSW Swimming Championships S3 Cyber BULLYING Workshop	12 NSW Swimming Championships	13 <b>Last Day of Term</b> ANZAC Service
<b>Term 2</b> <b>APRIL/MAY</b> <b>1</b>	29 School Development Day	1 Student return for Term 2	2	3 Syd Nth Soccer Trials Girls	4 <b>SCHOOL PHOTO DAY</b>
<b>MAY</b> <b>2</b>	7 Yr 6 Canberra Excursion	8 Yr 6 Canberra Excursion ICAS Digital Tech test	9 Yr 6 Canberra Excursion	10	11 <b>Mother's Day Stall</b>
<b>MAY</b> <b>3</b>	14 P&C Meeting 7pm	15 ICAS Spelling Test	16 NAPLAN Yrs 3 & 5	17 NAPLAN Yrs 3 & 5	18
<b>MAY</b> <b>4</b>	21 Syd Nth Rugby Trials	22 Syd Nth Netball Trials NSW PSSA AFL	23 NSW PSSA AFL	24 NSW PSSA AFL	25 Yrs 5/6 Netball Gala Day Zone X Country

## WHAT'S ON WEEK 10 OF TERM 1

Monday 2 <sup>nd</sup> APRIL	Tuesday 3 <sup>rd</sup>	Wednesday 4 <sup>th</sup>	Thursday 5 <sup>th</sup>	Friday 6 <sup>th</sup>
EASTER MONDAY	<i>CC's Rugby 7's</i>	Zone Netball Trials <i>Syd Nth Rugby L Trails</i>	Canteen Special Lunch	TPS Cross Country Carnival

## PRINCIPAL'S REPORT

It has been another busy and productive week at Terrigal PS. A reminder that the Easter break occurs this weekend with students returning on Tuesday 3 April. For many of our families it is a significant time in their spiritual life and I wish those families well for their time of reflection and renewal.

I wish everyone a safe and happy extended weekend.

### Cross Country

Our school cross country will be held next Friday on the school grounds. Students run a lap or more within the perimeter of the school. The top runners in the 8+ age groups will progress to the Tuggerah Lakes cross country.

Parents are welcome to attend but please be aware that we have less room than previous years so the space for parents will be much smaller. Please be patient and understanding.

### Mothers' Day Stall and Breakfast

*Early notice* - we will be holding our Mothers' Day Breakfast on Friday 11<sup>th</sup> May from 7.30am. More information will be provided at the beginning of term 2.

### Rugby League

Our rugby league team played this week in the Central Coast Knockout. We won 2 of the 3 games we played. Well done to the boys. Thanks to Mr Lowe for coaching. Thanks to parents for their support.

### Autumn School Holidays (Reminder)

School will break for the autumn school holidays on Friday 13<sup>th</sup> April. Students will return on Tuesday 1<sup>st</sup> May.

*Michael Burgess*  
**Principal**

## SYDNEY NORTH SOCCER TEAM



This week Jekai M, James L, Rakai C and Sebastian VB went to Mangrove Mountain to trial for the Sydney North Soccer team. The boys represented our school and themselves with pride. Out of hundreds of students from Tuggerah Lakes and the Sydney North region, Jekai M was successful in being named in the team to compete in a 3 day Championship in June.

Lily W and Tahlia S will also trial next term for positions in the Girls Sydney North team.

We wish them the best of luck!

Miss Cooper would like to thank parents/caregivers for transporting our students.

*Gemma Copper*  
**Teacher**

## MERIT AWARDS



### Stage 3

**6B** All of 6B  
**6H** Kale  
 Luca  
**6K** Jai  
 Lucas  
**6L** Jasmine  
 Jaide  
**5C** Ellie  
 Mexie  
**5D** Riley  
 Wyatt  
**5S** Vali  
 Dominic  
**5T** Carrie  
 Caden  
**4-6K** Karkaran

### Stage 2

**4C** Grace  
 Jimi  
**4E** Jets  
 Jesse  
**4L** Mattea  
 Harry  
**4M** Marley  
 Tyla  
**3/4DL** Charlie  
 Joshua  
**3N** Calais  
 Jett  
**3S** Sam  
 Zahlee  
**3W** Hayley  
 Zoe  
**1-3H** Tom

### Stage 1

**2D** Max  
 Samuel  
**2GR** Tilly  
 Fin  
**2H** Malakai  
 Beau  
**2SM** Eva  
 Luke  
**2T** Owen  
 Lillee  
**1A** Imogen  
 Zane

**1B** Travis  
 Marlie  
**1C** Edward  
 Kobi  
**1M** Lukas  
 Hamish  
**1W** Jye  
 Taimania  
**K-1M** Ryder

### Kindergarten

**KA** Charlotte  
 Ethan  
**KJ** Roark  
 Abby  
**KL** Ava  
 Grayson  
**KN** Mizuki  
 Myla  
**KT** Mabelle  
 Jordan  
**KW** Millie  
 Seamus

## PRINCIPAL'S AWARD



The Principal's Award is presented to a student who has helped to make our school a happy and safe place to learn.

Well Done Nate – 1A!

## CITIZEN OF THE WEEK

Ada is a responsible, caring student who is a good role model for her peers. She displays a selfless nature and loves making those around her feel good by helping them and by doing and saying nice things to make them feel happy. Well done Ada!

Congratulations Ada – KL!

### P&C Hotcross Bun Drive and Canteen Meal Deal

***Please do not use the school's online payment system for the hotcross bun drive and the canteen meal deal.***

Any money received through the school's online payment system will be refunded straight back. You will receive an email confirming this. ***Payment can be made through Flexischools or in cash.***

The P&C has a different bank account to the school. Thank you for understanding.

### Money Due

#### Support Unit

- Book Pack - \$15
- RDA Term 2 - \$ 84

#### Early Stage 1 (Kindergarten)

- Book Pack - \$ 45

#### Stage 1 (Years 1 & 2)

- Book Pack - \$ 45



#### Stage 2 (Years 3 & 4)

- SAKG - \$ 20 *(for the whole year)*  
*Your are more than welcome to pay \$5 per term*
- Book Pack - \$ 45

#### Stage 3 (Years 5 & 6)

- Book Pack - \$ 45
- Yr 6 Jumper - \$ 42
- Canberra - \$ 340 - ***Full Payment due by Monday, 9<sup>th</sup> April 2018***

**Ulrike Myers**  
**Admin Manager**





### Canteen Roster

Term 1	Week 9
Mon 2/4	Closed – Easter Monday
Tues 3	Kate, Elisha
Wed 4	Judy, <i>Helper needed</i>
Thurs 5	<b>Meal Deal Day!!!</b>
Fri 6	Simone, Candice, Leigh
	<b>Week 11</b>
Mon 9	Sophie
Tues 10	<i>Helper needed</i>
Wed 11	Mel P, Rebecca C
Thurs 12	Julieann, Diane
Fri 13	Naomi, Tina
<b>SCHOOL HOLIDAYS!!! Enjoy</b>	
Term 2	Week 1
Mon 30	Closed - SDD
Tues 1/5	Kristie R
Wed 2	Jo, <i>Helper needed</i>
Thurs 3	Rebecca W, Pavarne
Fri 4	Lynley, Wendy, Samara S



## EASTER MEAL DEAL DAY Recess Specials



**Available on Thursday 5<sup>th</sup> April**

**Hot Cross Bun (Plain or Choc Chip) Half - \$1 Whole - \$2**

**Jelly Cup \$1**

**Chocolate custard \$1**

**Oodortail fruit kebabs (with marshmallow) \$1**

**Pikelets – GF available (choc sauce & cream optional) 50c**

**Bunny Ears (fairybread scroll on a stick) 50c**

### **Meal Deal Day**

Meal Deal day will be on next week - **Thursday, 5<sup>th</sup> April.**

As this is a special order day, our normal menu will not be available, so please pack your child's lunch for that day if you did not order one of our Meal Deal options.

Recess specials above can be purchased on the day – no orders – so everyone can enjoy and be involved in our special day. We're looking forward to a fabulous Easter Feast!!

### **Winter Menu**

Don't forget our Winter Menu will start at the beginning of Term 2. **Get your last orders in for your summer favourites while you can** – with 3 weeks left, there's still plenty to try!

Our Winter Menu will lose some of our cooler favourites – so if your little one loves the Monday milkshakes, Thursday sushi (must be pre-ordered by Wednesday morning), frozen fruit lollipops or Wednesday rice paper rolls, make sure they get their final fix before school holidays!

The new Winter Menu will be attached to next week's newsletter, and a hard copy will be sent home to each family – but please remember, Winter items will not start until Term 2.

### **Volunteers needed**

We still have a few days each month that we need some extra help from volunteers, especially on Wednesdays. If you're available, please let me know!

You can contact me in the canteen, from 8am-2pm, or on my mobile **0414 855 629**. Thanks, Lyn



## P&C Meeting & AGM Monday 14<sup>th</sup> May 2018, 7pm – 9pm in the staff room. All Welcome.

There are several different ways parents can assist and contribute directly to the P&C.

1. Attend P&C meetings as a non-financial member (no voting rights).
2. Become a financial member (\$1 annually) and make your vote count.  
P&C meetings are held every 3<sup>rd</sup> and 8<sup>th</sup> Monday during school term.
3. Attend and nominate for a position on the committee. (President, Secretary, Vice President, Treasurer)
4. Volunteer at one of our many events, canteen, uniform shop or take on a project. For further information or questions please contact the P&C Secretary on [trisha.payne@me.com](mailto:trisha.payne@me.com)

For more information on P&C committee and positions please visit  
[www.pandc.org.au](http://www.pandc.org.au)

The school office also has a folder providing membership forms and detailed information regarding TPS P&C.



IGA Ritchies – Stores (Erina Heights & Erina)  
Sign up for a Community Benefit Card –  
Nominate Terrigal Primary School as your  
school and we will receive 0.5% of your  
purchases in a donation to the P&C.



### UNIFORM SHOP

OPEN EVERY WEDNESDAY (During school terms)  
8:30am – 9:15am

Remember all uniform options are available on Flexi schools. Order and pay online we will deliver to your child's classroom. [www.flexischools.com.au](http://www.flexischools.com.au)

2<sup>nd</sup> hand uniforms available from facebook page  
[tps-pre-loved uniforms \(for sale or free\)](#)

Contact: Nicole Hilder  
[Nicole.McDonald@lendlease.com](mailto:Nicole.McDonald@lendlease.com)

### CANTEEN

Helpers needed  
Mon-Fri (8:30am -9:30am)  
All canteen orders can be made via  
[www.flexischools.com.au](http://www.flexischools.com.au)

Facebook page  
[TPS~~Canteen ~~](#)  
Contact: Lyn & Mandy  
0403 835 790

## Turkish Bread Croutons

**Season:** All

**Serves:** 30 tastes in the classroom or  
6 serves at home as a garnish

**Fresh from the garden:** garlic

Use these simple croutons to add variety and texture to salads, or serve as slices with dips such as hummus, salsa, beetroot dip or raita.

### Equipment:

chopping board  
bread knife  
clean tea towel  
metric measuring cups  
pastry brush  
baking trays  
tongs or spatula

### Ingredients:

1 Turkish bread loaf, cut into  
1-cm thick slices  
 $\frac{1}{2}$  cup extra-virgin olive oil  
1–2 garlic cloves, unpeeled



### What to do:

1. Preheat the oven to 200°C.
2. Prepare all of the ingredients based on the instructions in the ingredients list.
3. Brush each slice of bread lightly on both sides with the oil.
4. Cut the slices into cubes (or leave as slices if using to serve with dips).
5. Spread the bread out on the baking trays.
6. Lightly crush the garlic but don't peel it. Add it to the tray with the bread.
7. Cook for 10 minutes. Check and turn the croutons once during this time, using tongs (for slices) or a spatula (for cubes).
8. Remove the trays from the oven when the croutons are golden brown.
9. Serve the croutons on leafy salads or soups, or serve as slices with dips.





## Vegetable sticks

- 1 celery, cut into thin strips
- 2 large red capsicum, deseeded, cut into thin strips
- 4 carrots, peeled, cut into themed shapes (see setting tips) or 5cm-long sticks
- 4 small Lebanese cucumbers, cut into 5cm-long sticks

Arrange the celery, cucumber, capsicum, carrot sticks in a serving bowl and serve with the dip.



'Feeling supported is the first step towards a positive birth & newborn experience.' - Julia



Birth Coaching

Birth Doula Support

Postnatal Care



[www.CentralCoastDoula.com.au](http://www.CentralCoastDoula.com.au)



RAINBOW BRICKS PRESENTS

# CENTRAL COAST BRICKFEST

A LEGO FAN EVENT



**SUNDAY 8TH APRIL**

**NEW EXHIBITS**

**GREAT FAMILY FUN!**

SUPPORTING WYONG HIGH SCHOOL P&C

**10am - 4pm**

Children's Build Area,

LEGO parts, minifigs and sets for sale

**VENUE: Wyong Racecourse**

Howarth Street, Wyong

\$15 a Family/  
\$5 a Person

[www.rainbowbricks.com.au](http://www.rainbowbricks.com.au)  
Follow us at Central Coast Brickfest  
Follow us at Rainbow Bricks



Find us on Facebook

## Crystal Healing Essentials

Parent & Child Session - School Holidays

Bamboo Buddha - Holgate

Tuesday, 17th April 2018

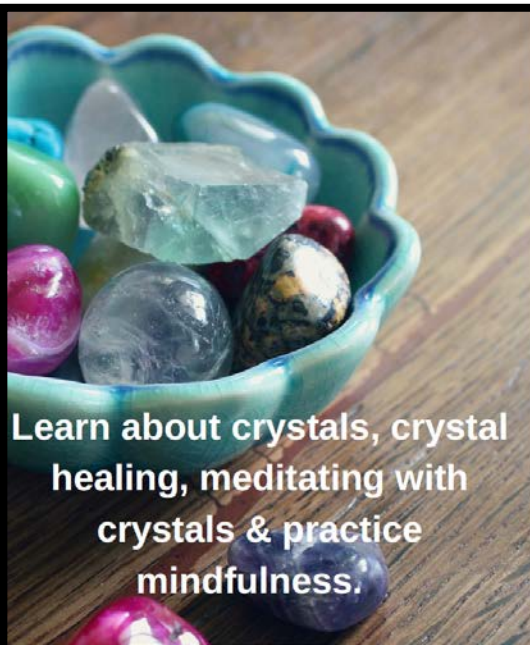
1.45-3.45pm

\$110 per parent/child includes all materials

Limited Numbers - Bookings Essential

<https://www.goldenlightdesigns.com/shop>

Enquiries: Jo 0407 189 588



Learn about crystals, crystal healing, meditating with crystals & practice mindfulness.



A close-up photograph of a hand placing a large sandwich into a clear plastic lunchbox. The sandwich is filled with lettuce, tomato, yellow cheese, and ham. In the background, a red apple and two cherry tomatoes are visible in the lunchbox.

# Pack healthy food

to help your child  
behave better



Health  
Central Coast  
Local Health District

A photograph of a young girl with brown hair in a ponytail, wearing a pink tank top. She is drinking from a large, clear plastic water bottle with a red cap and a red handle. The background is a soft, out-of-focus blue and green.

## Choose water

fizzy drinks can  
damage teeth  
and bones



Health  
Central Coast  
Local Health District



# Learn to swim!

**Skills for life**

**25m indoor  
heated pool**

ENSURE YOUR CHILD LEARNS TO SWIM



**We conduct classes for  
all ages including:**

- Baby aqua classes
- Private tuition
- Learn to swim group classes
- Stroke correction
- Squads – Mini-Junior-Advanced
- Morning surf squad – great for Nipper training
- Adult squads
- Adult learn to swim and stroke correction
- New gym & Be Fit memberships
- Aquaerobics
- Lap swimming (includes spa)
- Hydrotherapy
- Enjoy coffee and cake at the café

155 Serpentine Rd, Erina Heights

**4365 3748**

[www.desjohns.com.au](http://www.desjohns.com.au)

# SUPPORTING OUR COMMUNITY



Property Central will donate **\$110**  
to Terrigal Primary when you sell  
through us.

\*Money will be given on settlement when you  
sell your home through Property Central.

