

# SEA BREEZE



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Thursday, 12<sup>th</sup> April, 2018

*"Terrigal Public School's newsletter contains paid advertisements, which assist with the cost of publication.  
The publication of such advertisements does not imply endorsement of any product or service by the NSW  
Department of Education or Terrigal Public School."*

happy  
holidays!

*Students return for Term 2*

*Tuesday 1<sup>st</sup> May*

# 2018 TERRIGAL PRIMARY SCHOOL CALENDAR

# TERM 1

MONTH /Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MARCH</b> <b>7</b>	12 Syd Nth Cricket trials - Girls	13 Syd Nth tennis trials – B&G	14 League Trials W/Wallarah CC B&G Soccer Gala Day	15 Selective High School test for 2019	16
<b>MARCH</b> <b>8</b>	19 P&C AGM 7pm Girls Cricket Game Bus Safety Talks	20 Syd Nth AFL trials Bus Safety Talks	21 Harmony Day Syd Nth Soccer trials - boys	22 Syd Nth Cricket trials - Boys	23 5 Lands Photography workshop
<b>MARCH</b> <b>9</b>	26 Bus Safety Talks	27 Syd Nth Hockey trials B&G New building info booth 8.30am Scripture Easter Service Bus Safety Talks	28 CC Rugby 7's Classic Shield RL Easter Raffle Draw	29 Easter Hat Parade Syd Nth Swimming	30 <b>GOOD FRIDAY</b>
<b>APRIL</b> <b>10</b>	2 <b>EASTER MONDAY</b>	3 CC Rugby 7's	4 Zone Netball trials Syd Nth R.League trials 11's 7 opens	5 Canteen – Special Lunch	6 TPS Cross Country Carnival
<b>APRIL</b> <b>11</b>	9 Rugby trials Combined zones S2 & S3 NRL workshop	10 AFL Paul Kelly Cup Gala Day Aboriginal Leaders Day	11 NSW Swimming Championships S3 Cyber BULLYING Workshop	12 NSW Swimming Championships	13 <b>Last Day of Term</b> ANZAC Service
<b>Term 2</b> <b>APRIL/MAY</b> <b>1</b>	30 School Development Day	1 Student return for Term 2	2 Tennis Gala Day	3 Syd Nth Soccer Trials Girls	4 <b>SCHOOL PHOTO DAY</b> Zone Touch Football trials
<b>MAY</b> <b>2</b>	7 Yr 6 Canberra Excursion	8 Yr 6 Canberra Excursion ICAS Digital Tech test Starstruck Rehearsal	9 Yr 6 Canberra Excursion	10	11 <b>Mother's Day Stall</b>
<b>MAY</b> <b>3</b>	14 P&C Meeting 7pm S1 Excursion	15 NAPLAN Yrs 3 & 5 ICAS Spelling Test S1 Excursion	16 NAPLAN Yrs 3 & 5 Starstruck Rehearsal S1 Excursion	17 NAPLAN Yrs 3 & 5 S1 Excursion	18
<b>MAY</b> <b>4</b>	21 Syd Nth Rugby Trials	22 Syd Nth Netball Trials NSW PSSA AFL	23 NSW PSSA AFL	24 NSW PSSA AFL	25 Yrs 5/6 Netball Gala Day Zone X Country

## WHAT'S ON WEEK 1 OF TERM 2

Monday 29 <sup>th</sup> APRIL	Tuesday 1 <sup>st</sup> MAY	Wednesday 2 <sup>nd</sup>	Thursday 3 <sup>rd</sup>	Friday 4 <sup>th</sup>
School Development Day	Students return for Term 2	Tennis Gala Day	Sydney Nth Girls Soccer Trials	<b>School Photo Day</b> Zone Touch Football Trials

## PRINCIPAL'S REPORT

### Congratulations Brad Woodward – Double Silver!



Congratulations to Brad Woodward in picking up two silver medals at the Commonwealth Games on the Gold Coast. Brad is the son of Mrs Woodward one of our Kindergarten teachers.

Brad swam into second in the 100 and 200 backstroke events. He also swam to help the 4 x 100m Individual Medley Relay team make the final. A great effort.

### Leadership Day for Aboriginal Students

On Tuesday we hosted a leadership day for Aboriginal students from local schools. 64 students attended from the 9 primary schools of the Kurriwa AECG. Students undertook a range of activities including a smoking ceremony, leadership capacity development and skills in having a voice.

### South Sydney Rugby League – Cares Program

On Monday the South Sydney Cares program visited our school to talk with students in Stage 2 and 3. Students participated in a range of activities that promoted physical activity, healthy eating, dental health and team sports.

### Congratulations to Staff



Congratulations to Miss Clulow who recently became Mrs Dalton following her marriage. Congratulations also to Ms Wilson who ties the knot this weekend. Further congratulations to Miss Cooper who recently announced her engagement.

### Staff Leave

Mr Fitzsimmons is currently on leave undertaking tertiary studies. He returns in week 3 of next term.

Ms Neale is taking leave next term. Mr Foster will take over 3N for the term.

### ANZAC DAY (Reminder)



Our leaders will represent the school at the Terrigal ANZAC Day service on the 25<sup>th</sup> April. Other students are welcome to join us in their uniform. Students would need to meet Mr Lowe to be ready to march at 5.15am

### Autumn School Holidays (Reminder)

Term 1 finishes tomorrow (Friday) for the autumn school holidays. Students return on Tuesday 1<sup>st</sup> May.

## **Building Update**

We are currently preparing the Gallipoli Pine for transplanting. An arborist is working with us to give the tree the best chance possible for survival.

You may have noticed that the memorial plaques have been removed from the memorial garden and other places. These plaques will be stored during the build for safe keeping and repositioned in a new memorial garden as part of the new building.

Our flagpoles have been shifted into a new location and garden. Thanks to Mr Palmer for his work on preparing the new garden.

Over the holidays three of our demountables will be moved into their new temporary positions on the oval.

The DA is in the final stages of approval from council before being sent to the Joint Regional Planning Panel for their approval. Once these processes are completed the builder will be appointed and then work will commence. I hoping work will be underway by half way through next term.



*Michael Burgess*  
**Principal**



## Intention to apply for Year 5 entry to an opportunity class in 2019

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Dear Parent/Carer

Opportunity classes cater for highly achieving academically gifted students who may otherwise be without sufficient classmates at their own academic and social level. These classes help gifted and talented students to learn by grouping them with other gifted and talented students, teaching them in specialised ways and providing educational materials at the appropriate level.

Applications for opportunity class placement are considered mainly on the combined results of the Opportunity Class Placement Test and school assessments. The Opportunity Class Placement Test will be held on **Wednesday 1 August 2018**.

If you would like to have your child considered for Year 5 opportunity class entry in 2019, you need to apply soon. You will need to apply on the internet using a valid email address (not the student's email address).

Detailed instructions on how to apply online will be available from **Tuesday 1 May 2018** at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5>. The application website opens on **Tuesday 1 May 2018** and closes on **Friday 18 May 2018**. No late applications will be accepted.

There are no paper application forms. If you do not have internet access, you could apply at a public library. If you have a disability that prevents you from using a computer, you can contact the Unit for assistance after **1 May 2018**.

You must submit only ONE application for each student.

**Remember:** The tear-off strip below is not an application and the school cannot apply on your behalf.

Yours sincerely

Principal

Cut along the dotted line and return the completed slip below to this school by next Friday.

**Note: THIS IS NOT AN APPLICATION FOR ENTRY TO AN OPPORTUNITY CLASS.** This is a notice to your primary school only that you intend to apply.  
**TO APPLY YOU WILL NEED TO REGISTER AND THEN APPLY THROUGH THE HIGH PERFORMING STUDENTS APPLICATION WEBSITE.**

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## Intention to apply for Year 5 entry to an opportunity class in 2019

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Student's name: \_\_\_\_\_ Class: \_\_\_\_\_

I am interested in applying for opportunity class placement in 2019 Yes ☐ No ☐

If Yes, either:

I have internet access and will be applying online ☐

**OR**

I do not have internet access and will use a public library to complete the application ☐

Signature of parent/carer: \_\_\_\_\_ Date: \_\_\_\_\_

**Note: THIS IS NOT AN APPLICATION FOR ENTRY TO AN OPPORTUNITY CLASS.** This is a notice to your primary school only that you intend to apply.  
**TO APPLY YOU WILL NEED TO REGISTER AND THEN APPLY THROUGH THE HIGH PERFORMING STUDENTS APPLICATION WEBSITE.**

## MERIT AWARDS



### Stage 3

**6B** Will  
Harvey  
**6H** Grace  
Kane  
**6K** Ruby  
Nate  
**6L** Phoebe  
Jake  
**5C** Lewis  
Ivy  
**5D** Madison  
Jesse  
**5S** Nathan  
Ella  
**5T** Brok  
Ava  
**4-6K** Xavier

### Stage 2

**4C** Josiah  
Yolande  
**4E** Tiara  
Bella  
**4L** Joshua  
Luke  
**4M** Jake  
Alana  
**3/4DL** Abby  
Ben  
**3N** Jessica  
Lenny  
**3S** Kye  
Olivia  
**3W** Oliver  
Jordan  
**1-3H** Lachlan

### Stage 1

**2D** Lucas  
Isla  
**2GR** Astrid  
Eli  
**2H** James  
Hugo  
**2SM** Gemma  
Amelia  
**2T** Jay  
William  
**1A** Nate  
Marika

**1B** Caiden  
Scarlett  
**1C** Kori  
Matilda  
**1M** Myah  
Milla  
**1W** Isla  
Zayer  
**K-1M** Billy

### Kindergarten

**KA** Shay  
Ivy  
**KJ** Chase  
Charlotte  
**KL** Taylor  
Lex  
**KN** Erik  
Allira  
**KT** Indi  
Beau  
**KW** Cleo  
Koby

## PRINCIPAL'S AWARD



The Principal's Award is presented to a student who has helped to make our school a happy and safe place to learn.

Well Done Zali – 4L!

## CITIZEN OF THE WEEK



Georgia displays exceptional qualities. She is enthusiastic, well-organised and respectful of others. Georgia is a wonderful role model. She applies teacher advice to her work and strives for excellence. Georgia is a wonderful and supportive friend to her peers. She is an absolute pleasure to teach!  
Congratulations Georgia – 5S!

**Money Due - Parent Online Payments is the preferred payment option**

**Support Unit**

- Book Pack - \$15
- RDA Term 1 - \$ 84

**Early Stage 1 (Kindergarten)**

- Book Pack - \$ 45

**Stage 1 (Years 1 & 2)**

- Book Pack - \$ 45
- Newcastle Museum Excursion - \$ 30



**Stage 2 (Years 3 & 4)**

- SAKG - \$ 20 (for the whole year)  
Your are more than welcome to pay \$5 per term
- Book Pack - \$ 45

**Stage 3 (Years 5 & 6)**

- Book Pack - \$ 45
- Yr 6 Jumper - \$ 42
- Canberra - \$ 340 - **Full Payment due by Monday, 9<sup>th</sup> April 2018**

**Ulrike Myers  
Admin Manager**



**say cheese**  
**School Photo Day is**  
**4 May 2018**

***Have your child's school memories captured forever***

Please take time to read the relevant information on the MSP Photography payment envelopes and remember these helpful points:



- Don't seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day
- Family envelopes are available at the school office upon request
- Please enclose correct money as no change is given. Cash and money orders only (sorry no credit card accepted)

**For any enquiries, please feel free to contact us**

e admin.nhvcc@msp.com.au  
p +61 2 4966 8292  
f +61 2 4966 8293  
www.msp.com.au



## **Mother's Day Stall - Friday 11<sup>th</sup> May**

(Term 2 Week 2) (Please see attached note)

The TPS P&C is holding the annual Mother's Day Stall again this year. All money raised goes directly back to programs, equipment and improvements to our school.

### **Step 1**

Please donate a gift (wrapped in cellophane) to classroom teachers by Wednesday 9<sup>th</sup> May.

### **Step 2**

On Friday 11<sup>th</sup> May children will visit the Mother's Day stall to purchase a gift. Provide your child with \$2, \$5 or \$10 to buy a suitable gift to bring home.

Please note if your child intends to purchase more than one gift we ask that they donate additional gifts.

### **Step 3**

Volunteers are needed for wrapping, sorting and supporting children at the stall in the mezzanine.

*If you are able to assist on Thursday 10<sup>th</sup> or Friday 11<sup>th</sup> May, during school hours please contact Amber Cameron at [markandambercameron@gmail.com](mailto:markandambercameron@gmail.com)*

## **P&C Meeting & AGM, Monday 14<sup>th</sup> May 2018, 7pm – 9pm. School staff room all welcome. (Term 2 Week 3)**

There are several different ways parents can assist and contribute directly to the P&C.

1. Attend P&C meetings as a non-financial member (no voting rights).
2. Become a financial member (\$1 annually) and make your vote count.  
P&C meetings are held every 3<sup>rd</sup> and 8<sup>th</sup> Monday during school term.
3. Attend and nominate for a position on the committee. (President, Secretary, Vice President, Treasurer)
4. Volunteer at one of our many events, canteen, uniform shop or take on a project. For further information or questions please contact the P&C Secretary on [trisha.payne@me.com](mailto:trisha.payne@me.com)

**For more information on P&C committee and positions please visit**  
[www.pandc.org.au](http://www.pandc.org.au)

**The school office also has a folder providing membership forms and detailed information regarding TPS P&C.**





## THANK YOU EASTER MEAL DEAL

A huge Thank You to  
Lyn, Mandy and all the  
wonderful helpers in  
the canteen.



The Meal Deal day was a great success. There were over 400 orders made on the day, lots of yummy treats and plenty of smiles from all the students.

### UNIFORM SHOP

OPEN EVERY WEDNESDAY (During school terms)  
8:30am – 9:15am

#### **Important Dates**

Friday 4<sup>th</sup> April  
School Photo Day (Summer Uniform)

#### **WINTER UNIFORM (Tuesday June 12<sup>th</sup>)** **Change over Term 2 Week 7**

#### **GIRLS**

Black Shoes  
Black Stockings  
Light blue Peter Pan Blouse  
Dark Blue Winter Tunic  
Logo

#### **BOYS**

Black shoes  
Grey Socks  
Grey long pants  
Blue Polo – Terrigal  
Logo

The P&C has been very busy fitting out some of our school sports teams.

Cricket Teams -New Shirts and shorts  
Netball Team- New Dresses  
Swim Team- New Terrigal printed swim caps  
Football – School Football socks \$12 available in store only

Remember all uniform options are available on Flexi schools. Order and pay online we will deliver to your child's classroom. [www.flexischools.com.au](http://www.flexischools.com.au)

2<sup>nd</sup> hand uniforms available from facebook page  
[tps-pre-loved uniforms](https://www.facebook.com/tps-pre-loved-uniforms) (for sale or free)

Contact: Nicole Hilder  
[Nicole.McDonald@lendlease.com](mailto:Nicole.McDonald@lendlease.com)

### CANTEEN

Helpers needed  
Mon-Fri (8:30am -9:30am)  
All canteen orders can be made via  
[www.flexischools.com.au](http://www.flexischools.com.au)  
Facebook page  
[TPS~~Canteen~~](https://www.facebook.com/TPS-Canteen)  
Contact: Lyn & Mandy  
0403 835 790

**The Athlete's Foot**  
SCHOOL REWARDS PROGRAM

PROUDLY SUPPORTING  
YOUR SCHOOL.

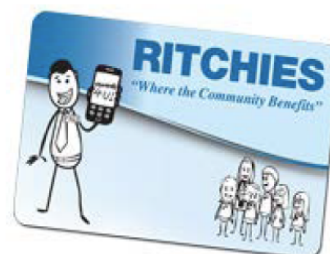
**\$5 IS DONATED BACK  
TO YOUR SCHOOL**  
FROM EVERY PAIR OF SHOES PURCHASED\*

The School Rewards Program is a great fundraising opportunity with \$5 from every pair of shoes purchased being donated back to your school.

This applies to the whole family across our fantastic range of school, sports, work and casual shoes. Ask one of our friendly staff in store for more details!

\*See [theathletesfoot.com.au/school-rewards](http://theathletesfoot.com.au/school-rewards) for more details.

The Athlete's Foot ERINA (02) 4365 4616



IGA Ritchies – Stores (Erina Heights & Erina)  
Sign up for a Community Benefit Card –  
Nominate Terrigal Primary School as your  
school and we will receive 0.5% of your  
purchases in a donation to the P&C.



Education

## TERRIGAL PUBLIC SCHOOL

*"Preparing our Children for the future  
in a Positive and Caring Environment."*

Havenview Road,  
TERRIGAL 2260

Telephone: 02 43844599  
Fax: 02 43852470



## Mother's Day Stall – Friday 11<sup>th</sup> May 2018

The Mother's Day stall is an annual fundraiser organised by the P&C for children to buy a gift for Mother's Day. All money raised goes back to help improve our school.

### How does it work?

A Mother's Day stall will be held at the school on Friday 11<sup>th</sup> May 2018. Each class will visit the stall (in the mezzanine) in turn to purchase their gifts. If you want your child to purchase a gift from the stall you need to first donate a gift. If your child is buying one present, you need to donate one present. If you want your child to buy two presents, you need to donate two presents etc.

### When do I need to bring the donations in by?

Your child needs to bring in their donated gift, **wrapped in clear cellophane**, to their classroom teacher by no later than **Wednesday 9<sup>th</sup> May 2018**. Ideas for donations include: chocolates, mugs, key rings, photo frames, keepsakes etc.

### How much will a gift cost?

Gifts will be priced at \$2, \$5 & \$10. Please ensure that your child brings their money with them on the day of the stall.

### How else can you help?

If you are able to volunteer your time to help with the wrapping and sorting of the donations, or to help at the stall, helpers are needed on both **Thursday 10<sup>th</sup> May and Friday 11<sup>th</sup> May (from 8.30am)** in the mezzanine. Please contact Amber Cameron via email at [markandambercameron@gmail.com](mailto:markandambercameron@gmail.com) if you can assist either day, even if it is just for an hour or two.

Thank you

Terrigal Public School's P&C

# HOLIDAY TENNIS CAMP

Monday 16th of April - 20th of April  
and Monday 23rd  
9am till 12 noon

Join us for a great week of tennis fun.

\*Suitable for all ages and abilities

\*Only \$35 per day!

\*Make friends or bring some with you

Terrigal Tennis Club - Duffys Road Terrigal

Bookings Essential call - 0404 277 462



## Crystal Healing Essentials

Parent & Child Session - School Holidays

Bamboo Buddha - Holgate

Tuesday, 17th April 2018

1.45-3.45pm

\$110 per parent/child includes all materials

Limited Numbers - Bookings Essential

<https://www.goldenlightdesigns.com/shop>

Enquiries: Jo 0407 189 588

### Information for Parents of Catholic SRE Students

#### CONFIRMATION – AT OUR LADY STAR OF THE SEA, TERRIGAL

SATURDAY 9<sup>th</sup> JUNE 2018

OFFERED TO BAPTISED CHILDREN 7 YEARS AND OVER, YEAR 2 AND OLDER  
ENROLMENT WEEKENDS

Enrolment will take place after the Masses on the following weekends:

Saturday 21 April after 5pm, Sunday 22 April after 8.30am & 10am

Saturday 28 April after 5pm, Sunday 29 April after 8.30am & 10am

Saturday 5th May after 5pm, Sunday 6 May after 8.30am & 10am

Input session for parents 7pm Wed 9 May 2018

For more information and enrolment forms

[http://www.ourladystarsea.org.au/\\_literature\\_209955/Sacrammental\\_Programme\\_2018.mp3](http://www.ourladystarsea.org.au/_literature_209955/Sacrammental_Programme_2018.mp3)

or from Parish office: 43674610 or Janette: 0421416555



# Zucchini Fritters

## Ingredients:

### Fritters

- 2 cups shredded zucchini (2 small or 1 large zucchini)
- 1 cup shredded sweet potato (1 small, peeled)
- 1/3 cup finely chopped onion
- 1 and 1/2 teaspoons salt
- 2 large eggs
- 1 teaspoon chopped garlic
- 2 Tablespoons chopped parsley
- 2 Tablespoons chopped fresh mint
- 1/2 teaspoon freshly ground black pepper
- 1/3 cup cornmeal
- 1 Tablespoon cornflour
- 1/3 cup olive oil



## Directions:

1. Place the shredded zucchini, sweet potato, and onion in a large strainer. Top with 1 teaspoon salt and mix it around with a large wooden spoon. Press down with your hands to begin draining some of the water from the vegetables. Let that sit in the sink for a few minutes. Meanwhile, line a large bowl with paper towels or a clean dish towel (easier to use a towel!). Place the vegetable mixture in the bowl and top with more paper towels or fold over the dish towel. Begin pressing down; you need to get out as much liquid as possible. Grab more paper towels or a new dish towel as needed.
  2. Whisk the eggs together in a large bowl. Once beaten, whisk in the garlic, parsley, mint, remaining 1/2 teaspoon salt, and pepper. Fold in the vegetables, then add the cornmeal and cornstarch until everything is combined.
  3. Heat the oil in a skillet over medium-high heat. Once hot, use a fork to scoop up around 2 Tablespoons of the zucchini mixture (I always eyeball the amount). There may be liquid pooling in the bottom of the bowl, so make sure you use a fork so the excess liquid isn't in your fritter. Place the mixture onto the hot skillet and flatten with a spatula. Repeat with a few more, making sure not to overcrowd the skillet. Cook until golden brown, about 3 minutes on each side. Transfer to a paper towel lined plate until finished.
  4. Serve warm fritters with yogurt sauce.
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# Terrigal Public School Hunger Haven Menu

## Winter Warmer Menu

Term 2 & 3, 2018

Open Monday to Friday from 8.30am

For information, please contact Lyn at the canteen

Have you seen our Facebook page? Search for TPS~~Canteen~~ and 'like' our page for details of specials, pictures of our menu items and to stay up to date with what's happening in the canteen!

### Breakfast - Served 8.30 - 8.55am daily

Cheese & bacon roll - half \$1.00  
Anything from the fridge (prices as listed) - including Up & Go, Oak milk, fresh yogurt cups, fruit etc

### RECESS - Everyday

Fresh fruit **GF, DF** (apple, banana & seasonal) \$1.00  
Fresh Fruit Cup **GF, DF** \$1.00  
Rice crackers only with hummus \* **GF, DF** \$1.00  
Veggie Sticks \* **GF, DF** (carrot, cucumber, celery) \$0.70  
Rice crackers \* **GF** (with cheese & carrot sticks) \$1.20  
- Add hummus **GF, DF** (to above 2 options) \$0.30  
Vanilla or Fruit Yogurt Cup **GF, LF** \$1.00  
Fresh fruit & custard cup \* **GF, LF** \$1.00  
Custard Cup **GF, LF** \$1.00  
Cheese & bacon roll - half \$1.00  
Popcorn **GF, DF** \$1.00  
Red Rock Sea Salt chips 28g **GF, DF** \$1.40  
Small hot cheese roll \* \$1.00  
Small hot cheese & ham roll \* \$1.50

**\*\* Tomato or BBQ sauce squeeze pack\*\* \$0.30**

**GF = Gluten free options**  
**LF = Low fat variety of this option**  
**DF = Dairy free options**  
**\* = orders only**

**\*\* Students must collect their own recess orders from the canteen \*\***

### Daily Recess Specials

**Monday**  
Cheese & ham pasta cup \$1.50  
Garlic bread (2 slices of long roll) \$0.50

**Tuesday**  
Fairy Bread 1/4 slice (max. 4) \$0.10  
Fresh fruit muffins **GF available** \$1.00  
Quesadilla wedges (cheese with choice of ham, tomato, salsa, chicken or plain - each wedge is 1/6) \$0.50

**Wednesday**  
Pikelet - plain or fruit \$0.50  
Pizza Muffin Melts (half english muffin w/ ham, cheese & tomato or BBQ sauce) \$1.20

**Thursday**  
Cheese & ham pasta cup \$1.50  
Garlic bread (2 slices of long roll) \$0.50

**Friday**  
Yummy Drumsticks \$1.20  
Pikelet - plain or fruit \$0.50  
Fairy Bread 1/4 slice (max. 4) \$0.10

### Drinks

Water 350ml \$1.00 600ml \$1.50  
Plain low fat milk \$1.00  
Oak flavoured milk (light) \$2.00  
(chocolate, strawberry, banana)  
Up & Go \$2.00  
(chocolate, vanilla, banana)  
Small juice cup (orange or apple, blackcurrant) \$1.00  
Juice poptop \$2.00  
(apple, orange, blackcurrant)

### Frozen Treats - all available at lunchtime

Frozen orange slice **GF, DF** \$0.10  
Frozen grapes - 4 (when available) **GF, DF** \$0.20  
Quelch sticks **GF, DF** half \$0.30 whole \$0.60  
Icy cups **GF, DF** (blackcurrant, or apple or orange) \$1.00  
Moose (banana, blue moon, chocolate or strawb.) \$1.30  
Juicies - fruit juice ice block **GF, DF** \$1.30  
(Wildberry, Orange, Lemonade or Tropical - all juice)  
Vanilla light ice cream dixy cup **GF, LF** \$1.50  
Frozen yoghurt - all natural **GF, LF** \$2.00  
(strawberry & vanilla, chocolate & vanilla or mango & watermelon)

All profits from the canteen are returned to the P&C to benefit our students.





Please ensure **students name and class** are written on the bottom of the bag, and that recess and lunch orders have separate bags (10c each if canteen supplies these).

**Online ordering is available at [www.flexischools.com.au](http://www.flexischools.com.au) - you can register anytime.**

*All orders must be received by 9am please, and must be paid for on the day.*

*Serving our school community healthy food is not the only duty of the canteen - teaching children about value for money in a safe environment is also important.*

## LUNCH - Everyday

### Sandwiches / Wraps / Rolls / Toasties

#### Choose your own adventure!!

*\* Start with your choice of bread; \**

Buttered wholemeal bread, white roll or wrap (please note if you don't want butter)

Gluten Free bread

*\* then add what you want from the following; \**

Toasting / Warming in oven

Vegemite

Cheese **GF**

Ham, tuna or egg **GF** (egg is mixed w/mayo)

Poached chicken breast **GF** (canteen made)

Full salad **GF**

(tomato, carrot, cucumber, lettuce, beetroot)

Any one salad item from above

Pineapple **GF**

Baked Beans (**GF**) or Spaghetti

Sauce - tomato/ BBQ/ mayo/ Sweet chilli

**Salad box** **GF**

**large** \$3.50  
Salad of lettuce, tomato, cucumber, **small** \$2.50  
celery, carrot, beetroot, pineapple and cheese

**Add** egg, tuna, ham or poached chicken

**Add** GF chicken tender

**Class lunch order boxes are picked up by delegated students & taken back to the classroom or to designated eating areas.**

## Daily Lunch Specials

### Monday

Tomato, veg & cheese pasta **GF available** \$3.50

Tomato passata, seasonal veg & cheese. *GF pasta \$1 extra*

Canteen made pizza \$4.00

Choose tomato or BBQ sauce, chicken, ham, pineapple, capsicum

### Tuesday

'Toastie Tuesday'

Choose any fillings, on wholemeal bread only (no wraps etc)

Bolognese Pasta **GF available** \$4.00

Canteen made beef mince in tomato based sauce with five veggies and cheese *GF pasta \$1 extra*

### Wednesday

Canteen Made Fried Rice **GF** \$3.50

with carrot, celery, peas, corn, ham, egg & gluten free soy sauce

Hot chicken Sub

Our canteen poached chicken, cheese & choice of sauce - tomato, BBQ, mayo, or sweet chilli - hot from the oven

### Thursday

Nachos **GF** \$5.00

Canteen made Mexican spiced beef mince with kidney beans, onions & tomato, served with salsa & cheese on a bed of corn chips

### Friday

Lasagne

Individual serves of Enrico's lasagne

## LUNCH - Everyday

### Hot Food

Corn cob **GF, DF** \$1.00

Hot Garlic roll \$1.00

Hot Cheese roll \$1.20

Yummy Drumsticks (each) \$2.00

Gluten Free Chicken Tenders **GF, DF** \$3.50

Ham & Pineapple pizza \$3.00

Sausage Roll (120g) \$4.00

Meat Pie (200g) \$5.50

Gluten Free Meat Pie **GF** **\$0.30**

**\*\* Tomato or BBQ sauce squeeze pack \*\***

### Burgers

Cheeseburger \$4.90

Buttered roll with cheese, choice of sauce, and either beef, chicken or veggie pattie

'Stacks on' burger

Buttered roll with full salad, cheese, choice of sauce and either beef, chicken or veggie pattie

Chicken burger \$4.00

Chicken pattie, lettuce & mayo

**\* Make yours a Chargrilled Chicken breast on any burger for \$1.00 extra \***

**\*\*\* Lunch order drinks and frozen items are not placed in lunch bags. Children must return their stamped lunch bag to the canteen to collect these items \*\*\***

# School Holiday Program

## Central Coast Youth Services

create and promote opportunities for young people to develop their aspirations, skills and talents via a range of innovative engagement programs.

Our Youth Centres offer young people a safe and exciting base to interact and participate in a range of free or low cost programs while providing support, advocacy and referral.

All our Centres also have spaces available for hire.

**KARIONG YOUTH CENTRE**  
88 Mitchell Drive, Kariong  
4304 7039  
michelle.tilden@centralcoast.nsw.gov.au

**KINCUMBER YOUTH CENTRE**  
Off Kincumber Street (opposite Kincumber High School)  
4325 8102  
grant.robertson@centralcoast.nsw.gov.au

**THE HUB ERINA**  
North South Road, Erina Fair (near the Yellow carpark)  
4304 7071  
jennifer.dias@centralcoast.nsw.gov.au  
thehuberina.com

## Friday 13 - Sunday 29

**Exhibition - Boards and Bowls**  
Slate deck art work and surf & skate short film screening loop  
Where The Foyer community gallery space, The Erina Centre, Erina Fair  
Cost Free  
Details 4304 7071

## Saturday 14

**Central Coast Series Skate, Scooter and BMX Competition**  
Slate, Scooter BMX and WCMX competition - Heat 3 and the Finals  
Where Bato 'Yard 460 The Entrance Rd, Bateau Bay  
Time Registration 9am. Competition begins 9.30am  
Cost Free

**Agas Erina** is open to all riders aged 5-24 years in skate, scooter and BMX as well as WCMX Wheelchair (Bato only). Age Divisions include Under 12 years, Under 16 years, Open females, Open Males and Sponsored Riders.  
Details 4304 7039 or youth@ccs@centralcoast.nsw.gov.au



## Monday 16

**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where Colongola Bay Hall, 1 Colongola Bay Road Lake Munmorah  
Time 1.30-3.30pm  
Cost Free  
Agas 10+ years  
Phone 4304 7039  
Details Eventbrite - Lake Munmorah



## Thursday 19

**MAGNUS GAMES MMXVIII**  
The games will consist of the following components:

- 10 rounds of short to long, easy to intense, straight to the point workouts
- The workouts vary from isolating certain muscles to whole body workouts
- Awards Ceremony
- Refreshments
- Screening Martial Arts Film

Where The Hub Erina, Erina Fair  
Time 4.30-8.30pm  
Cost Free

**Agas 12-24 years**  
Phone 4304 7071  
Details magnus.games.mmxviii.eventbrite.com

**360 Allstars Free Community Workshops**  
Five FREE one hour workshops open to all members of the community. Participants should wear loose comfortable clothing for the movement workshops, sun protection for outdoor workshops and a helmet for BMX freestyle.

**360 Allstars - Basketball Freestyling**  
Recommended for any ball sport players, circus students.  
Where PCYC - The Entrance Road, Bateau Bay  
Time 10-11am  
Agas 8+ years  
Details centralcoast.nsw.gov.au /theatres



## 360 Allstars - BMX Freestyle

Recommended for bike riders.  
Where PCYC - The Entrance Road, Bateau Bay  
Time 10-11am  
Cost Free  
Agas 10+ years  
Details centralcoast.nsw.gov.au /theatres

# School Holiday Program

## Thursday 19 and Friday 20

**360 Allstars**  
A phenomenal physical performance exploring all forms of rotation. 360 ALLSTARS connects the street with the elite to deliver a radical urban circus.

Boasting a stellar international cast, including the two-time World Champion BMX flaglander, two World movement breakdancers, an internationally acclaimed basketball freestyler, an exceptional four cyr artist, and award-winning musicians, 360 ALLSTARS is a spectacular fusion of the extraordinary artistry that emerges from street culture.

A magnificent, colourful & astonishing expression of a generation that has reinvented public performance. 360 ALLSTARS is a revolutionary production that will leave you dizzy with excitement!

Where Laycock Street Theatre, Laycock Street North Gosford  
Time 11am - 12pm  
Cost Free  
Details centralcoast.nsw.gov.au /theatres

**360 Allstars - Breakdancing**  
Recommended for dance, circus and movement students.  
Where Gosford Musical Society Mirror Room - adjoining Laycock Theatre, Laycock Street North Gosford  
Time 11am - 12pm  
Cost Free  
Details centralcoast.nsw.gov.au /theatres

**360 Allstars Found Sound, Looping and Freestyle Rapping**  
Recommended for music students, school band members and musicians.  
Location Laycock Theatre Auditorium Stage, Laycock Street North Gosford  
Time 12-1pm  
Description Cost Free  
Agas 8+ years  
Details centralcoast.nsw.gov.au /theatres

**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 10am - 12pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

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Learn to create art on a skateboard deck that you get to keep.  
Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 10am - 12pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

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Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 10am - 12pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

## Monday 23

**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where The Erina Centre, Erina Fair  
Time 11.30am - 1.30pm  
Cost Free  
Agas 10+ years  
Phone 4304 7641  
Details Eventbrite

**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where The Erina Centre, Erina Fair  
Time 11.30am - 1.30pm  
Cost Free  
Agas 10+ years  
Phone 4304 7641  
Details Eventbrite

**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where The Erina Centre, Erina Fair  
Time 11.30am - 1.30pm  
Cost Free  
Agas 10+ years  
Phone 4304 7641  
Details Eventbrite

## Tuesday 24

**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 10am - 12pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 10am - 12pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 10am - 12pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

## Thursday 26

**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 11.30am - 1.30pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 11.30am - 1.30pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

**Deck Art**  
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Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 11.30am - 1.30pm  
Cost Free  
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Time 11.30am - 1.30pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

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Learn to create art on a skateboard deck that you get to keep.  
Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 11.30am - 1.30pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

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**Deck Art**  
Learn to create art on a skateboard deck that you get to keep.  
Where Kincumber Youth Centre, Kincumber Street Kincumber  
Time 11.30am - 1.30pm  
Cost Free  
Details kincumber.eventbrite.com.au or 4304 7039

## Rainbow Rice

Get creative with rainbow rice and pasta. Enjoy this sensory craft as you make colourful artworks.

Where Kariong Youth Centre, 98 Mitchell Drive Kariong  
Time 2.30-4pm  
Cost Free  
Agas 8-12 years  
Details 4304 7039 or Eventbrite

**Idea to Screen | We Dream**  
scriptwriting development workshop  
Inviting writers to participate in the development of the I Dream short film project with We Dream in succeeding episodes. I Dream We Dream is a fantasy and adventure film made up into nine episodes, that uses live action puppetry and animation to tell the story of two misfits, Swampy, a swamp creature who dreams of becoming famous and Moley, a neurotic blind manipulative mole, on a mission to find the magical Genie who can grant any wish you can dream of. Together they set out on the adventure of a lifetime seeking to fulfil their dreams.

Where The Erina Centre, Erina Fair  
Time 6.30-8pm  
Cost Free  
Agas 15+ years  
Details 4304 7071 or https://idea-to-screen-we-dream-scriptwriting-workshop.eventbrite.com



360 Allstars  
Photo credit: Matt Loncar





# Learn to swim!

**Skills for life**

**25m indoor  
heated pool**

ENSURE YOUR CHILD LEARNS TO SWIM



**We conduct classes for  
all ages including:**

- Baby aqua classes
- Private tuition
- Learn to swim group classes
- Stroke correction
- Squads – Mini-Junior-Advanced
- Morning surf squad – great for Nipper training
- Adult squads
- Adult learn to swim and stroke correction
- New gym & Be Fit memberships
- Aquaerobics
- Lap swimming (includes spa)
- Hydrotherapy
- Enjoy coffee and cake at the café

155 Serpentine Rd, Erina Heights

**4365 3748**

[www.desjohns.com.au](http://www.desjohns.com.au)

## SUPPORTING OUR COMMUNITY



Property Central will donate **\$110**  
to Terrigal Primary when you sell  
through us.

\*Money will be given on settlement when you  
sell your home through Property Central.

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.com.au  
**4385 6423**