

# SEA BREEZE



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## 2019 TERRIGAL PRIMARY SCHOOL - CALENDAR TERM 3&4

MONTH /Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SEP</b>  <b>7</b>	2 Life Ed. <i>Spelling Bee Regional Finals</i>	3 Life Ed. <i>Zoo Excursion – Yr 2 ICAS Digital Tech – 8am</i>	4 Life Ed. <i>ICAS Science – 8am</i>	5 Life Ed.	6 Life Ed. <i>Zoo Excursion – Yr 1</i>
<b>SEP</b>  <b>8</b>	9 Life Ed. P&C Meeting	10 Life Ed. <i>S3 Inter-relate Todd Woodbridge Cup Tennis ICAS Writing – 8am</i>	11 Life Ed. <i>S3 Maths Olympiad ICAS Spelling – 8am TGT – Dress rehearsal</i>	12 Life Ed.	13 Girls PSSA Basketball
<b>SEP</b>  <b>9</b>	16	17 <i>S3 Inter-relate TGT – Show 1 (St 1) ICAS English 8am</i>	18 TGT – Show 2 <i>ICAS Maths 8am</i>	19 TGT – Show 3 <i>CCCF Reh</i>	20
<b>SEP</b>  <b>10</b>	23	24 <i>S3 Inter-relate</i>	25 <i>K-2 Athletics Carnival St 2 Beach SafetyTalk Yr 5 Camp Yr 6 Canberra</i>	26 <i>Yr 5 Camp Yr 6 Canberra</i>	27 <i>Yr 5 Camp Yr 6 Canberra</i>
<b>SEP</b>  <b>7</b>	2 Life Ed. <i>Spelling Bee Regional Finals</i>	3 Life Ed. <i>Zoo Excursion – Yr 2 ICAS Digital Tech – 8am</i>	4 Life Ed. <i>ICAS Science – 8am</i>	5 Life Ed.	6 Life Ed. <i>Zoo Excursion – Yr 1</i>
<b>OCT</b>  <b>1</b>	14	15	16 Syd Nth Athletics	17	18
<b>OCT</b>  <b>2</b>	21 Band Festival CCC <i>Festival Gymnastics workshop</i>	22 Band Festival <i>CCC Festival</i>	23 <i>Kinder Orientation Band Festival CCC Festival</i>	24 Zone Ball Games Band Festival <i>CCC Festival</i>	25 <i>Bandanna Day Band Festival CCC Festival</i>
<b>OCT/NOV</b>  <b>3</b>	28 P&C Meeting Swim School	29 Swim School	30 <i>Kinder Orientation Swim School</i>	31 Swim School <i>Zone Ball games - backup</i>	1 Swim School
<b>NOV</b>  <b>4</b>	4 Swim School	5 Swim School	6 <i>Kinder Orientation Swim School</i>	7 Swim School	8 Swim School
<b>NOV</b>  <b>5</b>	11 Remembrance Day Service	12	13 <i>Kinder Orientation</i>	14	15

## WHAT'S ON WEEK 7 OF TERM 3

Monday 2 <sup>nd</sup> September	Tuesday 3 <sup>rd</sup>	Wednesday 4 <sup>th</sup>	Thursday 5 <sup>th</sup>	Friday 6 <sup>th</sup>
Life Ed.	Life Ed.	Life Ed. <i>Zoo Excursion Yr 2</i> ICAS Digital Tech - 8am <i>Spelling Bee Regional Finals</i>	Life Ed. <i>ICAS Science – 8am</i>	Life Ed. <i>Zoo Excursion Yr 1</i>

## PRINCIPAL'S REPORT

### Fathers' Day Breakfast



The Fathers' Day breakfast will be on tomorrow, Friday 30<sup>th</sup> August from 7.30am.

### Public Education Awards

This week two of our school community members have been recognised through the Central Coast Public Education Awards for their service to the school.

Mrs Katy Moore was nominated by the P & C for her work with the 5 Lands Walk Hoop installation. Mrs Uli Myers was nominated by the school for her dedication and resilience in the implementation and management of a range of new administrative applications over the last few years. Congratulations to both Mrs Moore and Mrs Myers.

### SASS Recognition Week



This week is a week where we particularly recognise administrative and support staff for their work across the school.

Our administration team includes Mrs Myers, our Administration Manager, and Mrs Wilson, Mrs Shearer, Mrs Annabel, Mrs Barry and Mrs Rudd – our Administration Officers. They do an amazing job juggling a multitude of roles which include first aid, reception, ordering, invoicing, money handling, material preparation, copying, stock control and filing. That only covers their official work then there are all of the other things they do like organising uniforms, preparing for events, cleaning up, finding lost items, answering unusual questions from students, caring for injured birds and many more. Thank you to the admin team for all of their work.

School Learning Support Officers (SLSO) play an important role in supporting students across the school. They help with reading, writing, mathematics and other core subjects. They also help students with medical needs and socialisation. In our support unit we have Mr Glenn, Mrs Gregory and Mrs Hutchinson. In mainstream we have Mrs Cole, Mrs Jenkins, Mrs Crimmings, Mrs Rope, Mr Hogan, Mr Formby, Mrs Abbott, Miss Munro, Mrs Quinn and Mrs Lofts. From time to time we also have Miss Clulow, Miss Annabel, Mrs Hauraki, Miss Gardiman, Miss Baikie, Mrs Unger, and Mrs O'Brien. Thank you to all of these people for their support of students.

The final part of our SASS team is Mr Palmer, our General Assistant, who keeps our grounds and buildings in good order. Thank you for your work.

## Enrolment Policy

The NSW Department of Education has revised the enrolment policy for schools. The policy will be implemented in full next term.

The policy sets a cap for enrolments at a school. From this cap schools need to create a 'buffer' to ensure there is space for local enrolments. Schools over their buffer cannot take non-local enrolments. Most of our current 'out of area' enrolments were in area when they enrolled and have since moved out of our zone.

We have been over our buffer for a number of years and hence have taken very few non-local enrolments, usually only siblings. However the revised policy tightens this even further.

The implications for our out of area families will be that in future siblings may not be accepted for enrolment at our school.

Information about enrolment can be found at:

<https://education.nsw.gov.au/public-schools/going-to-a-public-school/enrolment>

## Safety at Our School

Our school is committed to building a safe and happy environment for students, staff, parents and the broader community.

We encourage parents and carers to advocate strongly on their child's behalf and, as part of this, expect them to raise concerns about their child.

Sometimes these concerns may relate to the way a child may have been treated by another student at this school.

It is natural for parents and carers to feel protective of their children.

However you must ***not*** raise any concerns you have about the behaviour of another child directly with that child (or his or her parents while they are at school) but should instead report your concerns to the principal or a member of the executive team.

Your concerns will be taken seriously and responded to promptly.

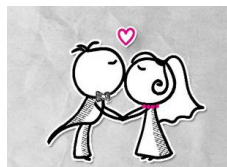
If a parent, carer or other community member raises their concerns directly with a child (or their parents while they are at school) **this may result in the access that person has to the school site being restricted or withdrawn.**

We greatly value the contribution parents, carers and other community members make to the school community and do not wish to take any action that impacts on their participation in school activities.

## School Phones

After a lot of back and forth communication Telstra seem to have found the problem with our phones. They tell me they have resolved the issue. Please let us know if you find there are more problems when calling the school.

## Congratulations Miss Cooper



This week we send our congratulations to Miss Cooper as she marries her fiancé this weekend.

## Zone Public Speaking

Congratulations to all of the Public Speakers on representing our school at the zone finals recently. Two of the students, Ziggy and Abbie, went through to the Regional Final. They spoke well and represented our school with pride.

## Building Update

Our building keeps powering along. The roof is currently being installed and the second storey structural walls are in place. Brick work for the second storey will start next week. 'Roughing in' of services will also be undertaken.

The ground floor rooms are nearing completion with lighting, technology and floor coverings due to be installed in the next week or so.

Depending on weather and unforeseen problems we are still on track for completion by the end of the year.

## Australian Principals Conference

Next week I will be travelling to Adelaide to represent New South Wales at the Australian Principals Conference. I will be part of a team of around 20 primary principals from NSW.

The conference will be an opportunity to find out about the latest research in education, gather ideas of what other states are doing and share the great work from NSW.

## School Times



Just a reminder that our school day STARTS at 8.55am. If a student arrives after this time, they need to report to the office for a late note.

*Michael Burgess*

Principal

## Kindergarten 2020

Enrolments are now being taken for students starting Kindergarten in 2020. Enrolment forms can be collected from our school front office. To ensure that all relevant information can be sent to enrolling families, we are hoping that all enrolment forms can be returned to the office by the end of August.

The dates for our 'Terrigal Treasures' orientation program are in Term 4. The sessions run for 4 consecutive Wednesday mornings, 9:15am – 10:45am, from Wednesday 23<sup>rd</sup> October until Wednesday 13<sup>th</sup> November 2019.



*Katie Dalton*

Relieving Assistant Principal



## Sam Groth Visit



Sam Groth, Australian tennis player visited Terrigal Public School and the Kindergarten and Stage 2 students last Friday. Tennis NSW brought the 'world's fastest serving' tennis player to the school to promote the sport of tennis, as a modified sport in schools.

Tennis NSW also generously donated 125 new racquets to all students in Kindergarten. These were handed out to students by Sam Groth, with an opportunity for some questions about tennis.

Year 3 and 4 students then had an opportunity to play a few games with Tennis NSW staff, our local Terrigal Tennis club coach Stephanie Bowler and Sam Groth.

It was a lovely afternoon and students had great fun on court!

*Heidi Murphy*  
Teacher



## The *Tell Them From Me* student survey (Term 3, 2019)

This term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

You may remember that our Year 4- 6 students also participated in a *Tell Them From Me* student survey in Term 1 this year. Asking students to complete the survey twice in one year allows us to identify trends in student responses as well as track engagement and motivation across the school year.

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. More than 6,300 schools in Australia and around the world have used *Tell Them From Me* to survey 5.4 million students. Capturing the voices of our students will help improve how we do things at our school.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 9 September and 25 October. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students. If you **do not** want your child or children to participate, please return the form to school by **6 September**. Copies of the form and FAQs are available from:

<http://surveys.cese.nsw.gov.au/information-for-parents>.

*Tracey McKeown*  
Deputy Principal

### Behaviour Management Survey

Terrigal Public School is reviewing our current Behaviour Management procedures. It is important to us that we explore the perspective of parents/carers and community as part of this process. Could you please complete the following five minute survey to allow us to obtain information to assist in improving our current practice. The information and data will be collected anonymously.

Please click on the following link to complete the survey.

<https://www.surveymonkey.com/r/TJ2MFQD>

Thank you for your assistance

*Sandy Knowles*  
Leader of Wellbeing

## **ICAS ASSESSMENTS – REMINDER**

ICAS assessments commence next Tuesday, Week 7, and will continue into Weeks 8 and 9. Assessments will commence promptly at **8.00am** in the computer room. Participating students should arrive 10 minutes prior to commencement time. Please refer to the following timetable for individual assessment dates.

Competition	Competition date
<b>WEEK 7</b>	
Digital Technologies	Tuesday, 3 <sup>rd</sup> September
Science	Wednesday, 4 <sup>th</sup> September
<b>WEEK 8</b>	
Writing	Tuesday, 10 <sup>th</sup> September
Spelling	Wednesday, 11 <sup>th</sup> September
<b>WEEK 9</b>	
English	Tuesday, 17 <sup>th</sup> September
Mathematics	Wednesday, 18 <sup>th</sup> September

Cath Wilson

ICAS Co-ordinator

## **SAKGP Dates (*Stephanie Alexander Kitchen Garden Program*)**

*Helpers needed for the following cooking dates.*

Thursday 5th September 3S (9.35am) and 4L (1.30pm)

Friday 6th September 2/3W (9.30am) and 3E 9.30pm)

Monday 9th September 4H (9.35am) and 4M (1.30pm)

Wednesday 11th September 3C (9.35am) and 3/4DL (1.30pm)

Thursday 19th September 3S (9.35am) and 4L (1.30pm)

Friday 20th September 2/3W (9.35am) and 3E (1.30pm)

Monday 23rd September 4H (9.35am) and 4M (1.30pm)

Wednesday 25th September 3C (9.35am) and 3/4DL (1.30pm)

*Volunteers needed for cooking on a Monday afternoon and Thursday morning every 2nd week.*

*Annie Neale*

Teacher





## MERIT AWARDS



### Stage 3

**6L** Michael  
 Hayden  
**6K** montanah  
 Ashlyn  
**6HN** Georgia  
 Vali  
**5/6C** Reuben  
 Amberley  
**5S** Jimi  
 Sahara  
**5J** Aidan  
 Jake  
**5D** Ruby  
 Clara  
**5B** Grace  
 Lachie  
**3-6Y** Matthew

### Stage 2

**4M** Xavier  
 Mati  
**4L** Scarlett  
 Kudha  
**4H** Indira  
 Zeke  
**3S** Chase  
 Summer  
**3E** Thomas  
 James  
**3C** Arlia  
 Remy  
**3W** Mia

### Stage 1

**2W** Rohan  
**2T** Louis  
 Mia  
**2M** Sam  
 Layton  
**2GR** Ellie  
 Lachlan  
**2H** Alexander  
 Marlie  
**1S** Reegan  
 Mia  
**1M** Heidi  
 Macy

**1J** Ivy  
 Indie  
**1C** Samin  
 Charlotte  
**1BA** Madison  
 Khang  
**1T** Keanu

### Kindergarten

**KT** Finley  
**KW** Amelia  
 Ziggy  
**KJ** Charli  
 Duke  
**KD** Leo  
 Jax  
**K-2M** Cameron

## PRINCIPAL'S AWARD



The Principal's Award is presented to a student who has helped to make our school a happy and safe place to learn.

Congratulations  
Eligh – 5J

## CITIZEN AWARD



Sidonia is always polite and goes out of the way to help others. She has a positive attitude that is a joy to be around.

Congratulations

Sidonia – 3E !

**Money Due - Parent Online Payment (POP) is the school's preferred payment option**

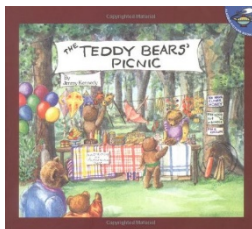
**Support Unit**

- Book Pack - \$15
- RDA for 1-4H only - \$ 50 – Term 3



**Early Stage 1 (Kindergarten)**

- Book Pack - \$ 50
- Teddy Bear's Picnic Excursion - \$ 11



**Stage 1 (Years 1 & 2)**

- Book Pack - \$ 50
- Taronga Zoo Excursion - \$ 31



**Stage 2 (Years 3 & 4)**

- SAKG - \$ 20 (for the whole year) - You are more than welcome to pay \$5 per term
- Book Pack - \$ 45

**Stage 3 (Years 5 & 6)**

- Book Pack - \$ 50
- Aussie Bush Camp Year 5 - \$ 290 – money due by Monday 26-08-19. You are more than welcome to pay in instalments.
- Canberra Year 6 - \$ 340 - money due by Monday 26-08-19. You are more than welcome to pay in instalments.
- Stage 3 Sports – various costs depending on sport chosen

**Whole School Notes**

- Healthy Harold – Yrs K, 2, 4, 6 - \$ 10.50

**Ulrike Myers**  
**Admin Manager**



**Scholastic Bookclub**

Issue 6 has been handed out to students  
Please have all orders completed by  
Monday 9<sup>th</sup> September



### Canteen Roster

Term 3	Week 7
Mon 2/9	Kerrie
Tues 3	Cheryl
Wed 4	<b>Meal Deal Day!!!</b> Kate R, Mel
Thurs 5	<b>Helper needed</b>
Fri 6	Emily, Jackie, Kim O
	<b>Week 8</b>
Mon 9	<b>Helper needed</b>
Tues 10	Louise
Wed 11	Judy
Thurs 12	<b>Helper needed</b>
Fri 13	Naomi, Narelle
	<b>Week 9</b>
Mon 16	Pavarne, Chun
Tues 17	Bec W, Rachael
Wed 18	Mel P
Thurs 19	<b>Helper needed</b>
Fri 20	Simone, Carley, Kelly

Have you seen our Facebook page? 'Like' us to keep up to date with specials and new items – **TPS~~canteen~~**



### **Term 3 Meal Deal Day**

**Orders need to be in by Friday 30 August  
(5pm online)!!**

Our **Footy Finals Fever Meal Deal** will be happening on **Wednesday 4<sup>th</sup> September**, with some toasty warm options as well as our favourite sushi for the day. **Orders need to be in by tomorrow, Friday 30<sup>th</sup>.**

Recess specials will be available to buy on the day. Our normal menu is not available for this one day of the term, so if you choose not to order one of these specials, please make sure you pack your child's lunch for the day.

### **Recess Specials for Wednesday 4<sup>th</sup> September**

<b>Quesadilla Quarters (variety of fillings)</b>	<b>\$1.00</b>
<b>Jelly Cups</b>	<b>\$1.00</b>
<b>Pizza rolls (half)</b>	<b>\$1.00</b>
<b>Halftime Fresh Orange Wedges (cup)</b>	<b>\$1.00</b>

### **Eat Fresh and Win!!**

Today we started our Eat Fresh and Win fresh fruit and veg promotion. For every \$1 spent on fresh fruit and vegetables, the kids will get a sticker. For every two stickers, they can fill out an entry form to go in the draw for great prizes, and they also get a promotional scented texta stamp. You can collect them all, and enter as many times as you like. The school and the canteen also go in the draw to win prizes from the Sydney Markets.

We will have some fresh specials available in the next few weeks to encourage fresh fruit and veg purchases – these will be advertised on our Facebook page, as well as pictures.

**If you have any questions about the canteen, including ingredients, feedback or to discuss volunteering, you can contact me at the canteen from 8am-2pm Monday to Friday, or on my mobile 0414 855 629.**

**Thanks, Lyn**





## FATHER'S DAY STALL

Here's a sneak peak of some of the awesome gifts available (excluding the cat!) to purchase at the P&C Father's Day Stall on Friday 30 August.

There will be \$2, \$5 and \$10 gifts available. You can purchase through the Flexi School website - [www.flexischools.com.au](http://www.flexischools.com.au), Flexi School App or kids can bring cash on the day.

No donations will be needed. But please remember to send your kids in with a reusable bag to put their gift/s in as we are doing our part for the environment.

Thank you for your support.  
TPS P&C



## FATHERS DAY 2019

This year the Fathers Dail stall will run like the Mother's Day stall.

You are no longer required to donate gifts.

On **Friday 30<sup>th</sup> August**, children will be able to purchase a Father's Day present from the stall.

There will be \$2, \$5 and \$10 gifts available for purchase.

You can bring money on the day or parents are encouraged to prepay for their child/ children on Flexischools. For families with multiple children please ensure you purchase from flexischools under each child's individual name and not per family.

We are also working with the school on reducing waste therefore no cellophane and plastic bags will be used. We ask that on the day you provide your child/ children with a bag to bring their chosen gift home in. The P&C are very excited with the quality of gifts and can't wait to help the kids choose that special Father's Day present this year.

### HOW TO PURCHASE.

1. Flexischools – pay online for your child for a \$2, \$5 and \$10. <https://www.flexischools.com.au>
2. Children to bring \$2, \$5 or \$10 to purchase gifts on the day.

*\*As this is a P&C run event please do not pay online directly to the school.*





## IT'S NEARLY RIDE TIME!!!

There will be some fantastic rides at the upcoming Terrigal Family Fun Fair.

Five of the rides have no age restrictions. The Swinging Chairs you must be minimum 1.2m to ride. The rides are subject to weather and final availability.

If you prepay for your unlimited rides wristband before the 6<sup>th</sup> September 2019 they are only \$30. Otherwise they can be purchased on the day for \$35.

The rides will be running from 10.30am – 2.30pm on the day. The bands will be available for collection from the Rides Tent at the Fun Fair from 9am.

### How to purchase:

1. **Flexischools** – <https://www.flexischools.com.au/>
2. **Cash**: Return the below slip with correct cash to the school office.

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I would like to purchase prepaid unlimited wrist bands for the Terrigal Family Fun Fair on Saturday 14 September 2019.

Students Name: \_\_\_\_\_

Class: \_\_\_\_\_

No. of prepaid wrist bands: \_\_\_\_\_

Total Cost Enclosed (\$30 per band): \_\_\_\_\_

SHOW BAGS



CASH ONLY

Only  
\$7



## GET YOUR SHOWBAGS!

To avoid disappointment this year, your kids will be able to pre-order their showbags before the Terrigal Family Fun Fair. Whilst showbags will be available on the day, we are not able to guarantee that all types will be available and in previous years they have sold out fast.

All showbags will only be \$7.

You are able to pre-order your showbags by simply filling in the below order form and return payment to the school office before Friday 6<sup>th</sup> September 2019. No pre-orders will be taken after this date.

On the following page are the showbags that will be available this year.

All pre-ordered showbags can be collected at the Fun Fair from the **Showbag Tent**.

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Child's Name: \_\_\_\_\_

Class: \_\_\_\_\_

Showbag	Number you wish to pre-order
Zappo	
Warheads	
Chupa Chups	
Fizzer	
Tricks & Jokes	
BFF ( Girls)	
<b>Total Number of Bags:</b>	
<b>Total Cost (\$7 each ):</b>	

**CASH ONLY**





## Reusable Lunch Wallets

The P&C are working with the school and the broader local community to try and reduce waste.

To do our part for the environment, the P&C will now be selling reusable lunch bags for \$10.

These reusable lunch wallets are designed to replace paper lunch bags when purchasing food from the school canteen.

These lunch bags have been very successful in other local schools.

If you order from flexischools then that's ok too. The flexischool stickers will now be stuck on the lunch bag and returned to your child's class with their order.

They are durable and easy to wipe clean.

They are available in 6 bright colours; Blue, Pink, Green, Red, Purple and Orange (Allergy Alert).

If you have any questions please feel free to ask the ladies at the Canteen and the P&C would like to thank you for supporting your school fundraiser.

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### HOW TO PURCHASE.

1. Flexischools – pay \$10 online through the uniform shop tab for your child and your order will be delivered to your child's class on a Wednesday.  
<https://www.flexischools.com.au>
2. Children can bring \$10 to the school canteen and you can purchase over the counter.

*\*As this is a P&C run event please do not pay online directly to the school.*



## **UNIFORM SHOP**

*OPEN EVERY WEDNESDAY school terms 8:30am – 9:15am*

*Term 3 ROSTER LINK for volunteers*

<https://www.signupgenius.com/go/70a044bacae2da3fb6-term>

Order and pay online and your order will be filled and deliver to your child's classroom

GO TO - [www.flexischools.com.au](http://www.flexischools.com.au)

2<sup>nd</sup> hand uniforms available from facebook page - TPS-pre-loved uniforms (for sale or free)

All garments are available in sizes 4 – 16 unless advised otherwise.



Peter Pan Blouse \$26



Winter Tunic \$57  
NEW STOCK HAS ARRIVED



Winter Skirt (Year 5 & 6) \$42



Polo shirt \$22



Grey Long Pants \$26



Black winter tights \$15  
Size 4-6, 7-10, 11-14



Jumper \$25



Sport Track Pants \$30



Sport Jacket \$45

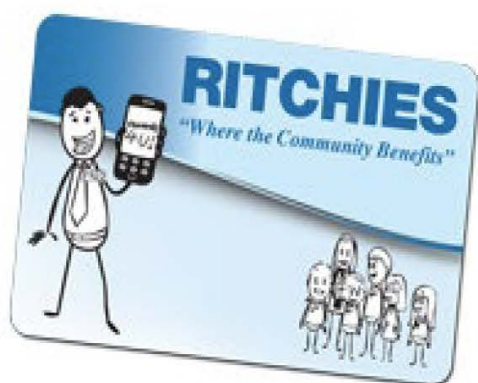



**Next P&C Meeting**  
**Monday 9<sup>th</sup> September Term 3 (Wk8)**  
**All Welcome – 7pm in school staff room**

P&C Meetings are held Wk 3 and Wk 8 every term in the school staff room and commence at 7pm. All parents and carers welcome. The P&C meetings are relaxed, welcoming and we encourage everyone to attend. We discuss and vote on initiatives and programs within the school. Plan for future needs eg. playground upgrades, IT infrastructure, additional support services, equipment needs, safety issues and fun events to engage and entertain the students and school community. There are several different ways parents can assist and contribute directly to the P&C.

1. Attend P&C meetings as a non-financial member (no voting rights).
2. Become a financial member (\$1 annually) and make your vote count.
3. P&C meetings are held every 3<sup>rd</sup> and 8<sup>th</sup> Monday during school term.
4. Attend and nominate for a position on the committee. (President, Secretary, Vice President, Treasurer) AGM is in March each year.
5. Volunteer at one of our many events, canteen, uniform shop or take on a project. For further information or questions please contact the P&C Secretary  
[terrighalpublicschool@pandcaffiliate.org.au](mailto:terrighalpublicschool@pandcaffiliate.org.au)

IGA Ritchies – Stores (Erina Heights & Erina)  
Sign up for a Community Benefit Card –  
Nominate Terrigal Primary School as your  
school and we will receive 0.5% of your  
purchases in a donation to the P&C.



**The Athlete's Foot**  
SCHOOL REWARDS PROGRAM


**PROUDLY SUPPORTING  
YOUR SCHOOL.**

**\$5 IS DONATED BACK  
TO YOUR SCHOOL**  
FROM EVERY PAIR OF SHOES PURCHASED\*

The School Rewards Program is a great fundraising opportunity with \$5 from every pair of shoes purchased being donated back to your school.

This applies to the whole family across our fantastic range of school, sports, work and casual shoes. Ask one of our friendly staff in store for more details!

\*See [theathletesfoot.com.au/school-rewards](http://theathletesfoot.com.au/school-rewards) for more details.

**The Athlete's Foot**

ERINA [02] 4365 4616

## Carrot & Coriander Dip

3 carrots, chopped into 3 cm chunks	1 tsp garam masala
1 tsp coriander seeds	1 tbsp olive oil
1 tsp fennel seeds	1 onion, peeled and finely chopped
1 tsp ground cardamom	zest of an orange
salt, to taste	juice of a lemon
freshly ground black pepper, to taste	2 tbsp natural yoghurt
1 large handful of coriander leaves, finely chopped	
1 small handful of mint, finely chopped	

### **What to do:**

1. Put the saucepan of water on to boil.
2. Prepare all of the ingredients based on the instructions in the ingredients list.
3. Cook carrots in boiling water until tender (about 10 minutes).
4. Dry roast the coriander seeds and fennel seeds in the small frying pan over a medium heat.
5. Grind the roasted seeds in the mortar and pestle, then add them to the food processor with the remaining spices.
6. Cook the onion in the olive oil in the medium frying pan over medium heat until translucent, then add it to the food processor.
7. Add the orange zest to the food processor.
8. Drain the carrots, cool and add to food processor.
9. Purée the ingredients until smooth.
10. Season with salt and pepper.
11. Add yoghurt, lemon juice and coriander leaves, and mix through.
12. Place in serving bowls and sprinkle with mint.

## **Roqaa**

### **Ingredients:**

450 g plain flour, plus extra for dusting	pinch of salt
1 cup water	

### **What to do:**

1. Preheat the oven to 200°C.
2. Place the flour and salt in the large bowl.
3. Add the water and mix together with your hands.
4. When the dough comes together into a rough ball, knead it for 5 minutes.
5. Break off egg-sized pieces and roll them into balls.
6. Sprinkle some flour onto a clean work surface.
7. Using a rolling pin, roll each ball until it is flat and thin.
8. Gently lift the rolled dough and transfer to the baking trays.
9. Bake in the oven for 2 minutes for soft roqaa or 5 minutes for crispy roqaa.
10. Serve immediately.



# Road safety



## Keeping safe around school crossings

For your child's safety, it's very important to ensure they use the school crossing.

At all crossings you must wait on the footpath, at least one step back from the edge of the road.

If there's a School Crossing Supervisor, wait until they have stopped the traffic and called you to cross.



If you are driving, you must not proceed until the School Crossing Supervisor's hand-held sign is no longer displayed, or until the crossing supervisor indicates that you may proceed through the crossing.

### Children's crossings

Children's crossings are usually part-time crossings that operate before and after school hours. They can also operate at other times when children use the crossing for excursions or during break times. When 'Children Crossing' flags are displayed, you must stop at the white line if pedestrians are waiting to cross. Drivers must remain stationary until the crossing is clear of pedestrians.

For more information on keeping our kids safe around schools visit the parents section on [safetytown.com.au](http://safetytown.com.au)






**OFFICE OF SPORT**


# Spring School Holiday Activities

Get the kids active for the winter school holidays with one of our exciting activities on the Central Coast!

Activity / Location	Dates	Time	Cost
Archery (indoor) – Gosford	30 September or 8 October	12pm – 2pm	\$20
Gymnastics (indoor – 2-day) - Tuggerah	1-2 October or 8-9 October	12pm – 2pm	\$30
Parkour (indoor) - Tuggerah	1 October or 8 October	2pm – 4pm	\$20
Sailing – (3-day) – Gosford	2, 3 & 4 October or 9, 10 & 11 October	9:30am – 3:30pm	\$195
Surfing – (3-day – Avoca Beach	2, 3 & 4 October or 9, 10 & 11 October	3pm – 4:30pm	\$95
Surfing – (3-day) – Umina Beach	2, 3 & 4 October or 9, 10 & 11 October	10am – 11:30am	\$95
Tennis (3-day) – Gosford	1, 2 & 3 October or 8, 9 & 10 October	9am – 3pm	\$140

## Book online or call the numbers below:

 Central Coast Regional Office  
C/- Ourimbah Campus,  
Brush Road, Ourimbah 2258

 [sport.nsw.gov.au/events](http://sport.nsw.gov.au/events) &  
then search by Central  
Coast Region

 02 4348 6700 or 13 13 02



2019-20

# North Avoca



Sunday 15<sup>th</sup> September 2019

9am – 3pm

North Avoca Parade, NORTH AVOCA

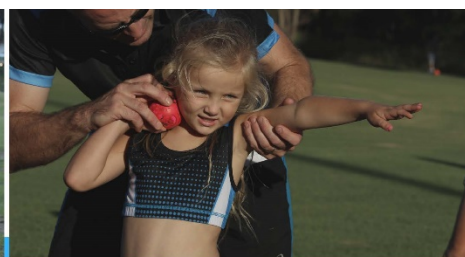


# REGO DAY

Enquiries please email us @ [office@northavocaslsc.com.au](mailto:office@northavocaslsc.com.au)

Visit: [www.northavoca.com.au](http://www.northavoca.com.au)

Active Kids Vouchers Accepted



TERRIGAL WAMBERAL LITTLE ATHLETICS

REGISTRATION IS NOW OPEN.



Season Starts 11 Oct 2019

[WWW.TERRIGALWAMBERALLITTLEATHLETICS.COM](http://WWW.TERRIGALWAMBERALLITTLEATHLETICS.COM)







Join  
**Terrigal SLSC**  
Season 2019-20



### REGISTRATION

**Friday 31 Aug  
5.30-7.30pm**

**Sunday 8 Sept  
Sunday 15 Sept  
9am-11am**

#### ACTIVE KIDS VOUCHERS WELCOME

All nippers must be min age 5 to join, age is at 1st October

If joining for the first time, please bring a birth certificate or similar

### Nippers

Nippers is a junior program that introduces children aged 5 to 14yrs to surf lifesaving. Terrigal Nippers is about learning the essentials of Surf - Safety, Skills and Sport, teaching new skills and knowledge, building confidence and most of all, having fun with your teammates! We have a balance of fun, adventure, social activities and competition opportunities for all age groups.

### Become a Lifesaver

There are many pathways to become a surf lifesaver, you don't even have to be a swimmer. Lifesaving patrol members have a variety of qualifications in Radio Operations, First Aid, Resuscitation or Surf Rescue Certificate (13yrs+) or Bronze Medallion (15yrs+).

All training is provided by Terrigal SLSC.

[www.terrignalsurfclub.com](http://www.terrignalsurfclub.com) or  Terrigal Surf Life Saving Club

*Celebrating 100 Years*

# SUPPORTING OUR COMMUNITY



Property Central will donate **\$110**  
to Terrigal Primary when you sell  
through us. \*Money will be given on settlement when you  
sell your home through Property Central.

  
**4385 6423**



# FOOTY FEVER Meal Deal!



**Wednesday 4<sup>th</sup> September**

Footy Fever has hit! Whatever the code - with wintry playing fields, what better time to cosy up with some footy fare for our



## Footy Fever Meal Deal!!



Choose your favourite meal from the options below and either **order on Flexischools**, or complete your details below and **return to the canteen by Friday 30<sup>th</sup> August**.

**\* No other orders will be available on this day – please pack your child lunch for Wed 4<sup>th</sup> September if you choose not to order one of these specials. \***

Cats & Crows Chicken & Cheese Sub	Mariners' Mighty Meatball Sub	The NSW Waratahs' Toasted Ham & Cheese Sub	NRLW Bronco's Best Ever Burger	Storm's Sensational Sushi Handroll (GF)
 Chicken & Cheese Toasted Sub with choice of sauce <input type="checkbox"/> Tomato <input type="checkbox"/> BBQ <input type="checkbox"/> Mayo <input type="checkbox"/> Sweet Chilli <input type="checkbox"/> No sauce	 Beef Meatballs with a rich tomato sauce in a Sub roll	 Ham & Cheese Toasted Sub <input type="checkbox"/> Ham only <input type="checkbox"/> Cheese only <input type="checkbox"/> Add tomato	 Beef burger with lettuce, tomato, cheese & sauce <input type="checkbox"/> Tomato <input type="checkbox"/> Sweet Chilli <input type="checkbox"/> No Cheese <input type="checkbox"/> No tomato <input type="checkbox"/> Veggie Pattie instead of beef	 Choose; (All gluten free) <input type="checkbox"/> Teriyaki Chicken <input type="checkbox"/> Tuna <input type="checkbox"/> Smoked Salmon <input type="checkbox"/> Vegetarian (tofu) Add any extra one for \$3 more
<b>\$7.00</b>	<b>\$7.50</b>	<b>\$6.50</b>	<b>\$7.50</b>	<b>\$7.50</b>
<b>Plus</b> choice of either - <input type="checkbox"/> Glee Fizzy Fruit Drink <input type="checkbox"/> 600ml Water				
<b>And also</b> either - <input type="checkbox"/> Icy Cup <input type="checkbox"/> Sour Red Raspberry TNT <input type="checkbox"/> Sour Blue Raspberry TNT				
NAME _____	NAME _____	NAME _____	NAME _____	NAME _____
CLASS _____	CLASS _____	CLASS _____	CLASS _____	CLASS _____

**\*\* If pre-ordering over the counter, please ensure you mark preferences for the options listed (eg. 'sauce', 'Water or Glee') \*\***