

SEA BREEZE



Havenview Road, Terrigal 2260
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Thursday, 26th September, 2019

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Enjoy the holidays



Students return
Monday 14th October

2019 TERRIGAL PRIMARY SCHOOL - CALENDAR TERM 4

MONTH /Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OCT 1	14 Students Return	15 6K Taster Rumbalara KW, K/1T, K-2M	16 Syd Nth Athletics	17 Zone of Origin	18
OCT 2	21 Band Festival CCC Festival Gymnastics workshop	22 Band Festival CCC Festival 6L Taster	23 Kinder Orientation Band Festival CCC Festival	24 Zone Ball Games Band Festival CCC Festival	25 Bandanna Day Band Festival CCC Festival
OCT/NOV 3	28 P&C Meeting 7pm Swim School	29 Swim School 6HN Taster	30 Kinder Orientation Swim School	31 Swim School Zone Ball games - backup	1 Swim School Todd Woodbridge Cup - Tennis
NOV 4	4 Swim School	5 Swim School	6 Kinder Orientation Swim School	7 Swim School	8 Swim School
NOV 5	11 Remembrance Day Service	12	13 Kinder Orientation Marine Centre S2	14	15
NOV 6	18	19	20 Marine Centre S	21	22
NOV/DEC 7	25 Book Fair - Library	26 Book Fair - Library	27 Book Fair – Library Marine Centre S	28 Book Fair - Library	29 Book Fair - Library
DEC 8	2 P&C Meeting 7pm	3	4	5	6
DEC 9	9 Surf Fun Day Yr 5	10 Helpers Morning Tea Scripture Xmas Service K-2 Concert Rehearsal	11 K-2 Concert Rehearsal	12 K-2 Concert 9.30 & 11.30am	13 Presentation Day
DEC 10	16	17 Yr 6 Graduation S2 Fun Day Avoca	18 Students Last Day	19	20

Spring School Holidays

Students finish term three tomorrow (Friday 27th September). They have two weeks break and return on Monday 14th October.

I hope everyone enjoys their spring break and returns to school safe and well for a very busy and exciting term 4.

K – 2 Athletics Carnival

Wow what a great day yesterday at the K – 2 sports carnival. Students were very active and had loads of fun. We made a few changes this year based on feedback from last year and I think all those involved would say they were great changes.

Thank you to Miss Tancred for co-ordinating the carnival. Thanks to Mrs Slattery, Mrs Moore and Miss Williams for the assistance in organisation. Thank you to all staff for your involvement and dedication. It was a very well-organised and successful carnival.

Thank you to all of the parents, carers, grandparents and family members who were able to come along to support the carnival.



Canberra/Camp Excursions

All reports from Year 6 Canberra excursion and Year 5 Camp are that things are going well. The weather has been great and students are enjoying their busy schedules.

Year 5 are due back at approximately 3.30pm on Friday afternoon.

Year 6 are due back at 7pm on Friday evening.

If times are likely to be more than 15 mins different to these times we will post updates on the school App and school Facebook page.

Photos/videos of Students

We understand that families like to take photos/videos of their child at school events to capture the memory and record 'growing up' moments.

Families are welcome to take photos of their **OWN** child. If you take photos that include other students you must respect the privacy of those children. You are **NOT** to post images of other students on social media without the expressed permission of that child's parent/guardian. If you accidentally capture another child's image in the background please crop them out. If you have images of other children on your device please delete them.

New Building Information

We have moved into the commissioning and move preparation phase of our new building. This is a very exciting phase as we get organised for the new procedures, operating plans and occupation schedules.

CCTV in the New Building

The new building will have CCTV installed as part of the security upgrade. The CCTV will monitor movement around the new building. It will cover the approach from Havenview Rd, the front foyer, the passageway between the two sections of the ground floor, the space between the canteen and the new building, sick bay and the carpark.

Parents, students and visitors need to be aware that their actions in these areas will be monitored and recorded. More details will be provided closer to the move to the new building.

Lift in the New Building

The new building will contain a lift. The lift will be available for parents, staff and visitors whom need to get to the first level of the school. The lift will generally not be used by students. If a student needed to use the lift they would be accompanied by an adult.

Transition to the New Building

It is likely that we will be moving in to the new building during the last week or two of the year with full functioning not in place until the beginning of 2020.

The school office will continue to operate from the old building until the end of 2019.

Parents and families will need to be patient with us in the last couple of weeks as the move occurs.

Refund Policy

Each year teachers plan a number of excursions, guest speakers and various activities which enhance the educational programs being offered in classrooms. These activities usually have a cost associated with them. Occasionally children are disappointed when they are unable to participate in the activity because they are sick on the day, or late to catch the bus etc. In such cases parents often request a refund of the fees that have been paid.

In making a decision regarding a refund one issue has to be considered: ***Has the school already spent money for the student to participate in the activity?***

If the school has already had to pay for the activity then a refund cannot be given.

Often, particularly in the case of larger excursions, venues and accommodation providers charge us on the numbers we provide in advance of the actual excursion. These venues hire staff, buy food, provide bedding etc based on those numbers therefore the costs still exist even if a student does not attend. With bus companies we are still charged for a booked seat even if it is not used.

Therefore it is our policy that when a student is unable to attend an activity, due to a legitimate reason, the school will refund money paid less funds already committed or spent.

Congratulations Snowsports Team

Our 2019 Snowsports team consisted of six students – Brianca, Ally, Kobe, Charlie, Jet and Remy. The team first competed in the northern NSW and Queensland competition in events including skier cross, alpine, moguls, snowboard cross and snowboard giant slalom. The Northern NSW & Queensland section of the snowsports competition has the largest number of competitors. The competition was also held in trying conditions with high winds, rain and snow falling throughout the competition.

Three of our students qualified to go to the State Championships from this event. Remy (for snowboard cross [5th], snowboard giant slalom [7th] and moguls [5th]), Jet for moguls [7th] and Kobe for snowboard cross and snowboard giant slalom [7th].

At the state championship our three representatives performed well. Kobe came 9th in the snowboard grand slalom and 18th in the snowboard cross. Remy was 12th in the snowboard grand slalom, 10th in the snowboard cross and 23rd in the moguls. Jet ended up 18th in the moguls. The top 20 in each event from NSW go through to the national championships so all three were able to go through to the Australian championships held at Mt Buller.

National snowsports results:

Kobe came 14th in Australia in the snowboard grand slalom. Remy was 27th in snowboard grand slalom and 24th in the snowboard cross. Jet came 40th in the moguls.

Congratulations to all of our representatives. A great effort for a bunch of kids from the coast. Thank you to the parents for their efforts in getting our team there and especially Elise Avis for her work co-ordinating the team.

Congratulations to Sienna

Congratulations to Sienna on receiving a special medal from the state cross country carnival. The medal acknowledged Sienna as part of the Sydney North senior girls' team who were the combined highest placed group on the day.

Michael Burgess

Principal

Kindergarten 2020

Enrolments are now being taken for students starting Kindergarten in 2020. Enrolment forms can be collected from our school front office. To ensure that all relevant information can be sent to enrolling families, please return enrolment forms as soon as possible.

The dates for our 'Terrigal Treasures' orientation program are in Term 4. The sessions run for 4 consecutive Wednesday mornings, 9:15am – 10:45am, from Wednesday 23rd October until Wednesday 13th November 2019.



Katie Dalton

Relieving Assistant Principal

MERIT AWARDS



Stage 3

6L Christian
Milla
6K Georgia
Sam
5/6C Nathan
Coco
5S Lily
Jimmy
5J Nellie
Bonnie
5D Sam
Levi
5B Flynn
Mattea
3-6 Ryan

Stage 2

4M Boadie
Finn
4L Cyra
Lachie
4H Whole Class
3S Hudo
Matilda
3E Phoenix
Alia
3C Jordan
Isla
3W Ellie

Stage 1

2W Matilda
2T Betty
Louis
2M Emilee
Vaughan
2GR Travis
Emily
2H Myah
Amarliyah
1S Jimmy
Bianca
1M Madeline
Roark
1J India
Oscar
1C Lucia
Pippa
1BA Caleb
Bella

1-4H CLachlan

Kindergarten

KW Xavier
Lucy
KJ beau
Adeline
KN Madison
Alannah
KD Cooper
Amber
KA Anita
Ned
K-2M Corey

PRINCIPAL'S AWARD



The Principal's Award is presented to a student who has helped to make our school a happy and safe place to learn.

Congratulations
Lara – 3-6Y

CITIZEN AWARD



Zoe displays exceptional qualities. She is enthusiastic, well-organised and respectful of others. Zoe is a wonderful role model. She applies teacher advice to her work and strives for excellence. Zoe is a wonderful and supportive friend to her peers. She is an absolute pleasure to

teach.
Congratulations Zoe – 5D

Money Due - Parent Online Payment (POP) is the school's preferred payment option

Support Unit

- Book Pack - \$15
- RDA for 1-4H only - \$ 50 – Term 3
- Swimming Scheme - \$ 72 (for 1-4H and 3-6Y only)

Early Stage 1 (Kindergarten)

- Book Pack - \$ 50



Stage 1 (Years 1 & 2)

- Book Pack - \$ 50
- Swimming Scheme - \$72 (Year 2 only)

Stage 2 (Years 3 & 4)

- SAKG - \$ 20 (for the whole year) - You are more than welcome to pay \$5 per term
- Book Pack - \$ 45

Stage 3 (Years 5 & 6)

- Book Pack - \$ 50
- Aussie Bush Camp Year 5 - \$ 290 – money due by Monday 26-08-19. You are more than welcome to pay in instalments.
- Canberra Year 6 - \$ 340 - money due by Monday 26-08-19. You are more than welcome to pay in instalments.
- Stage 3 Sports – various costs depending on sport chosen

Whole School Notes

- Healthy Harold – Yrs K, 2, 4, 6 - \$ 10.50

Ulrike Myers
Admin Manager



Next P&C Meeting **Monday 28th October (Week 3 Term 4)**

All Welcome – 7pm in school staff room

P&C Meetings are held on a Monday night in Wk 3 and Wk 8 every term in the school staff room and commence at 7pm. All parents and carers welcome. The P&C meetings are relaxed, welcoming and we encourage everyone to attend. We discuss and vote on initiatives and programs within the school. Plan for future needs eg. playground upgrades, IT infrastructure, additional support services, equipment needs, safety issues and fun events to engage and entertain the students and school community. There are several different ways parents can assist and contribute directly to the P&C.

1. Attend P&C meetings as a non-financial member (no voting rights).
2. Become a financial member (\$1 annually) and make your vote count.
3. P&C meetings are held on a Monday night in Week 3 and Week 8 during school term.
4. Attend and nominate for a position on the committee. (President, Secretary, Vice President, Treasurer) our AGM is in March each year.

Volunteer at one of our many events, canteen, uniform shop or take on a project. For further information or questions please contact the P&C Secretary terrighpublicschool@pandcaffiliate.org.au

UNIFORM SHOP

OPEN EVERY WEDNESDAY during school terms 8:30am – 9:15am

Order and pay online and your order will be filled on a Wednesday morning and delivered to your child's classroom for them to bring home. GO TO - www.flexischools.com.au

2nd hand uniforms are available from facebook page - TPS-pre-loved uniforms (for sale or free)

2020 Kinder Orientation – HELPERS NEEDED

In term 4 our new Kindergarten students for 2020 will be attending orientation (Head start) at Terrigal Public School. Our P&C Uniform Shop needs a few helpful assistants to meet and provide uniform advice and sales to the families and students attending orientation. The shop requires additional volunteers between 8am – 10:30am on the following dates

- Wednesday 23rd October
- Wednesday 30th October
- Wednesday 6th November
- Wednesday 13th November

If you have any availability and would like to assist please send your contact details and dates/times available to P&C Secretary, Trisha Payne terrighpublicschool@pandcaffiliate.org.au

UNIFORM SHOP

OPEN EVERY WEDNESDAY during school terms 8:30am – 9:15am

Order and pay online and your order will be filled on a Wednesday morning and delivered to your child's classroom for them to bring home. GO TO - www.flexischools.com.au

2nd hand uniforms are available from facebook page - TPS-pre-loved uniforms (for sale or free)

All garments are available in sizes 4 – 16 unless advised otherwise.



Summer Dress \$45



Grey Shorts (Girls) \$ 35

Grey Shorts (Boys) \$25



Polo Shirt (Unisex) \$22



Jumper \$25



Sport Track Pants \$30



Sport Jacket \$45



Reusable Lunch Wallets

The P&C are working with the school and the broader local community to try and reduce waste.

To do our part for the environment, the P&C will now be selling reusable lunch bags for \$10.

These reusable lunch wallets are designed to replace paper lunch bags when purchasing food from the school canteen.

These lunch bags have been very successful in other local schools.

If you order from flexi-schools then that's ok too. The flexi-school stickers will now be stuck on the lunch bag and returned to your child's class with their order.

They are durable and easy to wipe clean.

They are available in 6 bright colours; Blue, Pink, Green, Red, Purple and Orange (Allergy Alert).

If you have any questions, please feel free to ask the ladies at the Canteen and the P&C would like to thank you for supporting your school fundraiser.

HOW TO PURCHASE.

1. Flexischools – pay \$10 online through the uniform shop tab for your child and your order will be delivered to your child's class on a Wednesday. <https://www.flexischools.com.au>
2. Children can bring \$10 to the school canteen and you can purchase over the counter.

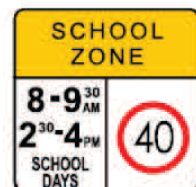
**As this is a P&C run event please do not pay online directly to the school.*



Traffic and Parking around your School

Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others. Please consider the residents when parking in streets surrounding your school.

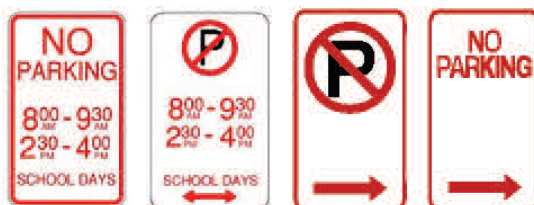
- ✓ A **School Zone** is the area around a school with a speed limit of 40 km/h. Between the School Zone and End School Zone signs you must obey the school zone speed limit. The school zone speed limit only applies on gazetted school days and during the times shown on the sign.



- ✓ **School Bus lights** – buses use signs and orange flashing 'wigwag' lights to warn motorists and pedestrians that they are picking up or setting down school children. The lights begin to flash when the bus stops and the doors are opened. They keep flashing for about 30 seconds after the doors close and continue even after the bus moves off. You must not drive past the bus in the same direction at more than 40 km/h while the 'wigwag' lights are flashing as there may be children crossing or about to cross the road.



- ✓ A **No Parking Zone** means that you must not stop for more than two minutes. You must remain in or within three metres of the vehicle. No Parking Zones are suitable for dropping off and picking up.



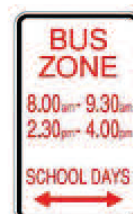
THESE SIGNS MEAN YOU MAY STOP HERE TO DROP OFF / PICK UP

BUT YOU MUST

- stop for up to 2 minutes only
- stay within 3 metres of vehicle

**Kids look to you to keep them safe - please park legally in school zones
HEAVY FINES and DEMERIT POINTS APPLY**

- ✓ A **Bus Zone** means that the area is restricted for bus use only. If hours of operation are shown, the restriction only applies to this time. You may use this area outside of these times.








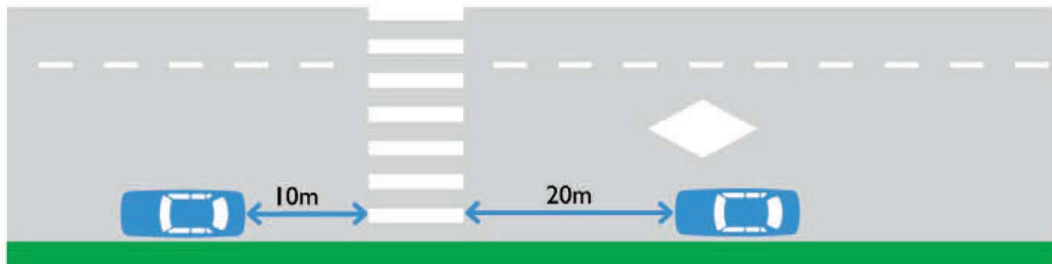
- ✓ A **No Stopping Zone** means no stopping at any time.



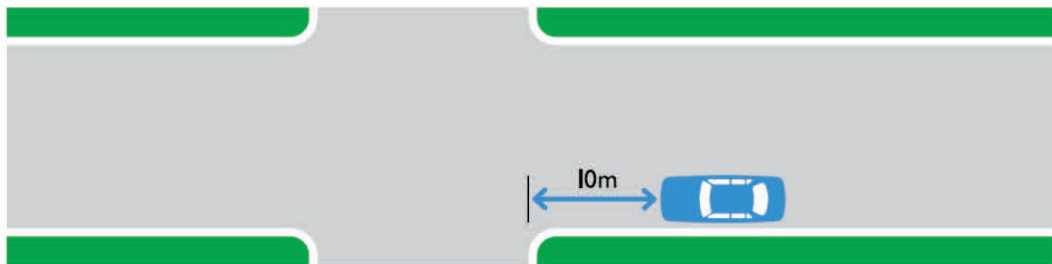
Other times when you must not stop



You must not stop your vehicle (that is, bring it to a stop and either stay with the vehicle or leave it parked) in the following circumstances:

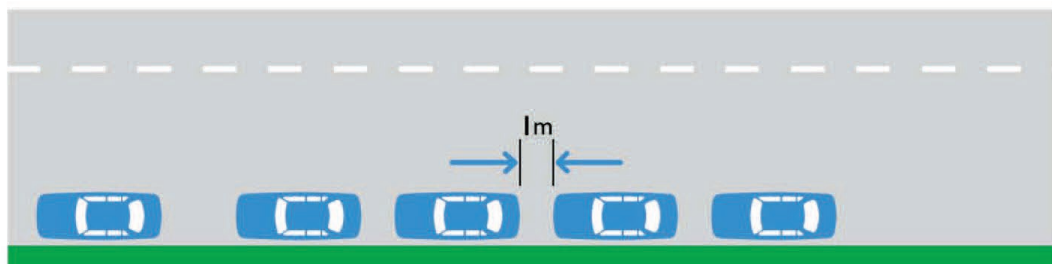
-  Double parked (that is in the road alongside a car that is parked)
-  Across a driveway or footpath
-  On a median strip or traffic island
-  On footpaths and nature strips
-  On or within 20 metres before and 10 metres after a children's crossing or pedestrian crossing





-  Within an intersection
-  Within 10 metres of an intersecting road at an intersection without traffic lights unless signposted otherwise



-  In Bus Stop, Bus Zone, Taxi Stand or Taxi Zone signed areas
-  At least one metre from any other parked vehicle, close as possible and parallel to the kerb, and facing the same direction as the traffic lane



-  Within three metres of any double centre lines
-  Within 20 metres before and 10 metres after a bus stop

Adherence to signposting, linemarking and road rules around your school will assist in providing a safe environment for the school community and residents.



**TERRIGAL
UNITING CHURCH**

KIDS

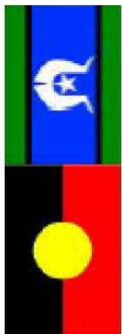
**HOLIDAY
CLUB**

**FRIDAY
OCT 11
9AM-3PM**

**FOR KIDS IN
PRIMARY
SCHOOL**

**COST \$15PP
INCLUDING
GAMES, FOOD
AND MORE!**

**REGISTER TO
43851248**



Young, Black & Ready for School

For children starting school in 2020 at the following schools:

Avoca PS, Brisbania PS, Central Mangrove PS, Central Coast Adventist,
Chertsey PS, Copacabana PS, Erina Heights PS, Glenvale, Gosford PS,
Gosford East PS, Holgate PS, Holy Cross, Kariong PS, Kincumber PS,
Kulnura PS, Lisarow PS, Narara PS, Niagara Park PS, Ourimbah PS,
Peats Ridge PS, Point Clare PS, Pretty Beach PS, Somersby PS, Terrigal PS,
Valley View PS, Woodport PS, Wyoming PS

Wednesday 11th December 2019

11am - 1pm

The Erina Room

Erina Library at The Hive Erina Fair

Register your interest with:

Tracey Burraston

Tracey.burraston2@det.nsw.edu.au

- Health & Transition Information for your child starting school
- Free School pack for kids & Parent pack full of helpful information
- Enjoy a great lunch and lots of fun activities





TERRIGAL MATCHAM JUNIORS

Online Registration
playcricket.com.au
 (search for Terrigal)

Junior Blasters - Girls and Boys aged 5 to 7
 \$120 for 8 weeks - Learn the basics

Master Blasters - Girls and Boys aged 7 to 10
 \$150 for 12 weeks - For those with basic cricket skills. Includes a training shirt and cap

Boys Junior Club Cricket - aged 10 to 16
 1st Child \$185, 2nd Child \$135, 3rd Child \$110

Girls Junior Club Cricket \$100
 Stage 1 and Stage 2 available, based on experience and skill

The NSW Active Kids \$100 available in July can be used for Registration for each child



tmcricicket.com



facebook.com/tmcricicket

Or Call John on 0402 037 467



The Outlook
 - Riding Academy -

For Ages
 4 - 16
 Yrs Old

SCHOOL HOLIDAY RiDiNG PROGRAM

1-4 OCTOBER & 7-11 OCTOBER



Horse Riding



HorsemanSHIP
Skills



Morning & Afternoon
Fruit Platter



Games



Swimming

Learn to ride a horse or upskill your horse riding ability

Our program includes daily horse riding, workshops, outdoor games and activities, a daily swim and long lasting memories.

- \$145 per day
- 3 day package deals are available
- BYO horse or pony (limited spots)
- No previous horse riding experience needed
- Limited places

Enquire today remond6@bigpond.com | 0427 189 567
 theoutlookridingacademy.com.au | Gate 2, 256 Scenic Highway, Terrigal NSW 2260

CENTRAL COAST KIDS DAY OUT

at NARARA VALLEY HIGH SCHOOL

**Sunday
3rd Nov
10am-3pm**

celebrating ME

KIDS SHOWS, SPORTS & GREAT ENTERTAINMENT, STALLS, INTERACTIVE WORKSHOPS/ACTIVITIES

encouraging our children
to have a strong sense
of identity & self worth



This being our 20th year we would like to thank our past and present sponsors.

Level One Learn to Sail Program At Gosford Sailing Club



Gosford Sailing Club invites all individuals aged seven to fourteen to take part in the Level One Learn to Sail Program over the school holidays. Students will learn the fundamental skills of sailing, being introduced to the fun of dinghy sailing in a safe and supportive environment.

Dates

Week One: Wed/Thurs/Fri 2nd-4th October

Week Two: Wed/Thurs/Fri 9th-11th October

Cost: \$195.00

Ph: (02) 4325 7216

**See more on
Gosford Sailing Club Website**



2019/20 COMMUNITY



MIGHTY MARINERS

HOLIDAY CLINICS
8-10 OCT | 10AM-1PM

CENTRAL COAST STADIUM



FREE!

TERRIGAL TENNIS

OPEN DAY

9:00AM - 11:30AM
SATURDAY 5TH OCTOBER

**LUCKY DOOR PRIZES,
KIDS ACTIVITIES,
ORGANISED CLASSES &
FREE PLAY**

Please bring your tennis rackets for a morning of fun. If you don't have a racket, no worries, we will have spares. Though the "first in best dressed" rule will have to apply. Balls also supplied.

Interested in attending one of the free coaching classes?
Spaces are limited!

Please reserve your spot via our website:
<http://www.terrigaltennis.com.au/openday.html>

TERRIGAL TENNIS CLUB - DUFFYS ROAD, TERRIGAL NSW 2260 WWW.TERRIGALTENNIS.COM.AU

BASKETBALL MINIS

OPEN FOR AGED 18 MONTHS-5 YEARS

10AM MONDAYS & FRIDAYS

\$10 PER CHILD

INCLUDES A FREE COFFEE FOR MUM OR DAD!

BOOK FOR A 10 WEEK TERM AND
RECEIVE A FREE BASKETBALL
MINIS SINGLET! (VALUED AT \$35)

TERM 4 DATES:
14TH OCTOBER 2019 - 20TH DECEMBER 2019




LEARN TO PLAY

SKILLS SESSIONS

5 TO 10 YEAR OLDS

Term 4

Existing Member - \$55 Per Term
New Member - \$85 Per Term

(new member fees include registration fee and take home basketball)

DAYS	TIMES	TERM DATES
WEDNESDAYS	3:45PM-4:30PM	14 TH OCT - 16 TH DEC
FRIDAYS	3:45PM-4:30PM	18 TH OCT - 20 TH DEC
SATURDAYS	9:00AM-10:00AM	19 TH OCT - 21 ST DEC



DOMESTIC PLAYERS



SKILLS AND FUNDAMENTAL SESSIONS

10 TO 15 YEAR OLDS

Term 4 - \$55 Per Term

DAY	SATURDAYS
TIMES	10:00AM-11:00AM
TERM DATES	19 TH October - 21 ST December 2019

P: (02) 4385 3577 F: (02) 4385 3804
A: Duffys Road, Terrigal NSW 2260
W: www.bistadium.com.au

SCHOOL HOLIDAY CAMPS



SCHOOL HOLIDAY BASKETBALL CAMP

REPRESENTATIVE PREPARATION DAYS

MONDAY 30TH SEPTEMBER + TUESDAY 1ST OCTOBER
8AM-4PM

DESIGNED FOR U14'S, U16'S AND U18'S

CONDUCTED BY MVP AND CENTRAL COAST CRUSADER PLAYER MITCH RUETER, THIS CAMP WILL FOCUS ON SKILLS DEVELOPMENT FOR UNDER 14'S, UNDER 16'S AND UNDER 18'S, WHO ARE AIMING TO IMPROVE THEIR SKILLS LEADING INTO THE REPRESENTATIVE TRY OUTS.

\$80
2 Days

Includes Morning Tea and Lunch + Canteen Open




SCHOOL HOLIDAY BASKETBALL CAMP

SHOOTING CAMP

THURSDAY 3RD OCTOBER + FRIDAY 4TH OCTOBER
8AM-4PM

AGE GROUPS AVAILABLE 5-10 YEARS, 11-15 YEARS + 16-18 YEARS

CONDUCTED BY MVP AND CENTRAL COAST CRUSADER PLAYER MITCH RUETER, THIS TWO DAY CAMP WILL IMPROVE YOUR SHOOTING FUNDAMENTALS, TECHNIQUE, CONFIDENCE, RANGE, SPEED OF RELEASE, ACCURACY, FOOTWORK AND MOST IMPORTANTLY YOUR SHOOTING PERCENTAGE.

\$80
2 Days

Includes Morning Tea and Lunch + Canteen Open




SCHOOL HOLIDAY BASKETBALL CAMP

FOOTWORK, BALL HANDLING AND FINISHING CAMP

THURSDAY 10TH OCTOBER + FRIDAY 11TH OCTOBER
8AM-4PM

OPEN TO ALL AGES AND ABILITIES

CONDUCTED BY MVP AND CENTRAL COAST CRUSADER PLAYER MITCH RUETER, THIS TWO DAY CAMP WILL ALLOW PLAYERS WILL WORK ON FOOTWORK, BALL HANDLING TECHNIQUES AND PERFORM DRILLS TO BEAT YOUR DEFENDER OFF THE Dribble AND A VARIETY OF MOVES GIVING YOU MORE OPTIONS FINISHING AROUND THE RIM. THE DRILLS AND TEACHING CONTENT WILL BE TAILORED TO THE PLAYERS AGE AND SKILL LEVEL.

\$80
2 Days

Includes Morning Tea and Lunch + Canteen Open




- ✓ Training
- ✓ Generous allowance
- ✓ 24/7 Support



ABN 42 066 907 906 | ACC Complaints Unit | Insurance Guarantee | Registered Charity | Models used to protect privacy | CC_18_00929

Barnardos Australia urgently needs short-term foster carers.

Count yourself in, call us today.

1800 663 441
barnardos.org.au/wecare



Barnardos
Australia

SUPPORTING OUR COMMUNITY



Property Central will donate **\$110**
to Terrigal Primary when you sell
through us.

*Money will be given on settlement when you
sell your home through Property Central.

p **propertycentral**
.com.au
4385 6423

Terrigal Public School Canteen



Cool Summer Menu

Term 4 2019 & Term 1 2020

Open Mon – Fri from 8.30am

For information, please contact Lyn at the canteen

Please ensure students name and class are written on the bottom of the bag, and that recess and lunch orders have separate bags (10c each if canteen supplies these).

Online ordering is available at www.flexischools.com.au - you can register anytime.





Serving our school community healthy food is not the only duty of the canteen - teaching children about value for money in a safe environment is also important.

All orders must be received by 9am please, and must be paid for on the day.
































RECESS

Available Every Day

Fresh fruit (apple, banana, orange, seasonal)	\$1.00
Fresh Fruit Kebab   	\$1.00
Canteen made dip * (choose from hummus, beetroot, white bean, tzatziki)    	\$0.50
Rice crackers with dip (choose from above)*   	\$1.00
Rice crackers with cheese & carrot sticks *  	\$1.20
Veggie Sticks (carrot, cucumber, celery) *   	\$1.00
Vanilla or Fruit Yogurt Cup   	\$1.00
Custard Cup   	\$1.00
Canteen made fruit muffins *   	\$1.00
Cheese & bacon roll - half	\$1.00
Popcorn    	\$1.00
Red Rock Sea Salt chips 28g   	\$1.50

Available Weekly

Canteen Made Scrolls (Mon)  	\$1.00
(Made from scratch, Cheesemite, cinnamon or apple custard)	
Quesa Quarters (Mon)   	\$1.00
(All have cheese, choose from ham, tomato, plain, garlic)	
Fresh fruit muffins (Tues)   	\$1.00
Frozen 'Lollipop' (Tues)    	\$0.80
Pikelet – plain or fruit (Wed)    	\$0.50
Fresh Frozen Fruit Yoghurt (Wed)    	\$1.00
Hawaiian or Pizza Muffin Melts (Thurs)  	\$1.50
(Choice of tom or BBQ sauce, ham, cheese, option of pineapple)	
Frozen 'Lollipop' (Thurs)    	\$0.80
Pikelet – plain or fruit (Fri)   	\$0.50
Bakery Pizza Roll - half (Fri)	\$1.00

**** Tomato or BBQ sauce squeeze pack** \$0.30**

**** Students collect their own recess orders from the canteen ****

Drinks

Water 350mls	\$1.00
Water 600mls	\$1.50
Plain low fat milk	\$1.00
Sipahh milk (choice of flavours)	\$2.00
Oak flavoured milk (chocolate, strawberry, banana)	\$2.20
Up & Go (chocolate, vanilla, banana)	\$2.50
Small juice cup 110ml (orange, apple, blackcurrant)	\$1.00
Juice Popper 250ml (tropical, blackcurrant, orange)	\$2.00
Juice poptop 200ml (apple, orange, blackcurrant)	\$2.40

Frozen Treats - all available at lunchtime

Frozen orange slice	\$0.10
Frozen Watermelon	\$0.20
Frozen 'drops' (Choc, banana, strawb)	\$0.10
Quelch sticks – half	\$0.40
Quelch sticks – whole	\$0.80
Icy cups (blackcurrant, apple or orange)	\$1.00
Moosie (blue moon or chocolate)	\$1.50
Juicies (Wildberry, Orange, Lemonade or Tropical)	\$1.50
Vanilla light ice cream dixy cup	\$1.50
Twisted Frozen yoghurt - all natural (strawberry & vanilla, chocolate & vanilla or mango & watermelon)	\$2.40

Key



= Canteen Made



= Gluten Free or Gluten Free Option Available



= Dairy Free or Dairy Free Option Available



= Vegetarian Option



= Low Fat variety of this option

*

= Orders only



Have you seen our Facebook page? Search for TPS~~Canteen~~ and 'like' our page for details of specials, pictures of our menu items and to stay up to date with what's happening in the canteen!

The Hunger Haven is a P&C run canteen. All profits from the canteen are returned to the P&C to benefit our students. We always welcome volunteers! Please see Lyn in the canteen for more information.



Terrigal Public School Canteen

Cool Summer Menu

Term 4 2019 & Term 1 2020

Open Mon – Fri from 8.30am

For information, please contact Lyn at the canteen

LUNCH

Available Everyday

Hot Food

Corn cob	DP Veg	\$1.50
Hot Garlic roll	CM Veg	\$1.00
Hot Cheese roll	CM Veg	\$1.00
Yummy Chicken Fingers (crumbed chicken)	DP	\$0.60
Gluten Free Chicken Tenders	GF DP	\$2.00
Ham & Pineapple pizza		\$4.50

**** Tomato or BBQ sauce squeeze pack ** \$0.30**

Sandwiches / Wraps / Rolls / Toasties CM GF Veg LF

All sandwiches and rolls are buttered unless otherwise specified; all sandwiches are wholemeal bread; no additional cost for rolls or wraps; gluten free bread available for extra \$1.

Vegemite or cheese		\$2.50
Ham, tuna or egg (egg mixed with mayo)		\$3.00
Poached chicken breast	CM	\$3.50
Full Salad (lettuce, carrot, cucumber, tomato, beetroot)		\$3.00
Baked Beans or Spaghetti		\$3.00
Cold Chicken Burrito (Chicken, salsa, cheese, lettuce & tomato on a wrap)	CM	\$4.50

Add to any of the above:

Cheese		\$0.50
Full salad (as above)		\$1.00
Any one salad item		\$0.40
Pineapple ring		\$0.50
Sauce - tomato/ BBQ/ mayo/ Sweet chilli		\$0.30
Toasting / Warming in oven		\$0.30

Salad Box CM DP Veg

Salad of lettuce, tomato, cucumber, carrot, celery, beetroot, pineapple and cheese

Add egg, tuna, ham or poached chicken for \$1 extra

Lunch order drinks and frozen items are not placed in lunch bags. Children must return their stamped lunch bag to the canteen to collect these items

**** Class lunch order boxes are picked up by delegated students & taken back to the classroom or to designated eating areas. ****

Burgers

Cheeseburger	Veg LF	\$4.70
<i>Buttered roll with cheese, choice of sauce, and either beef, chicken or veggie pattie (chargrilled chicken add \$1)</i>		
Chicken Burger	DP	\$4.50
<i>Chicken pattie, lettuce & mayo (chargrilled chicken add \$1)</i>		

'Stacks on' burger Veg LF \$5.20
Buttered roll with full salad, cheese, choice of sauce and either beef, chicken or veggie pattie (chargrilled chicken add \$1)

'Real Deal' Chicken Fillet Burger CM DP LF \$6.50
Fresh Australian Free Range chicken breast fillet, oven baked with herbs and spices in the canteen, on a wholemeal roll with mayo, lettuce and tomato

Hawaiian Burger Veg LF \$5.00
Buttered roll with cheese, choice of sauce, lettuce, pineapple ring & beef, chicken or veggie pattie (chargrilled chicken add \$1)

Available Weekly

Canteen Made Sushi Handrolls (Mon) CM DP Veg LF \$3.50
Choice of tuna, poached chicken or vegetarian sushi handroll served with soy sauce (Gluten Free soy sauce available for 50c)

Canteen Made Pizza (Tues) CM DP Veg LF \$4.50
Choose tomato, BBQ or pizza sauce; then add from the following; poached chicken, ham, pineapple, capsicum, fresh tomato, cheese

Honey Soy Chicken Drumsticks (Wed) CM GF DP LF \$2.50
Our delicious canteen made Honey Soy chicken drumsticks. Add as many as you like and perhaps add a small salad or a hot roll to make it a meal.

Cool Noodle Salad (Thurs) CM GF DP LF \$4.50
With carrot, celery, red cabbage, capsicum, snow peas, shallots, rice noodles, poached chicken and a canteen made gluten free sauce

Mexican Parmi Burger (Fri) CM LF \$5.50
Crumbed chicken burger smothered in melted cheese & ham served with salsa on a soft roll

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