

# TERRIGAL PUBLIC SCHOOL

*"Preparing our Children for the future  
in a Positive and Caring Environment."*

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## Child Protection, Personal Development and Health Education - Stage 2

Dear Parents and Carers

This year students in Stage 2 will be involved in the mandatory subject Personal Development, Health and Physical Education (PDHPE).

Part of our school's PDHPE program includes mandatory child protection education. Some of the content taught in child protection education deals with sensitive issues. The school will teach this content in an age appropriate way.

The specific content which will be covered in child protection education is shown below.

For more information about child protection education go to the [Child protection and respectful relationships education](#) section on the Department of Education's PDHPE website.

Students will usually take part in one lesson per week during Semester Two.

If you would like more information, please contact the school or your child's classroom teacher.

The content which will be covered in child protection education includes:

- Rights and responsibilities
- Rights and responsibilities in relationships
- Emotions and warning signs in different situations
- Power in relationships
- Male and female body parts and puberty related changes
- Positive relationships and support networks to manage change
- Gender stereotypes and expectations
- Types of abuse (physical, emotional and psychological)
- Bullying behaviour and strategies to ask for help
- Recognising and responding to safe and unsafe situations
- Strategies to stay safe and ask for help
- Communicating and cooperating with others in a respectful way
- Making informed and safe decisions

Yours sincerely,

Mr Michael Burgess  
Principal

Mr Mitchell Meldrum  
Stage 2 Assistant Principal