



Education

## TERRIGAL PUBLIC SCHOOL

*"Preparing our Children for the future  
in a Positive and Caring Environment."*

Havenview Road, Telephone: 02 43844599  
TERRIGAL 2260 Fax: 02 43852470



### Stage 2 Stephanie Alexander Kitchen Garden Program 2024

#### Important Information Please Read

Dear Parents/Caregivers,

The Stephanie Alexander Kitchen Garden Foundation (SAKGF) aims to use authentic learning experiences to engage students and teach them a range of real life skills, knowledge and understanding across several key learning areas.

All students in Stage 2 will participate in the SAKGP as part of their normal learning program. Students will attend an 120 minute session each week. One week students will work in the garden or complete science activities and the next week in the kitchen.

Students will work towards learning outcomes from several syllabuses including mathematics (weighing, timing, measuring etc), science (how things grow, how heat affects objects etc), literacy (reading and interpreting recipes, planting instructions etc), health (food safety, healthy choices etc), personal development (working as a team, patience for plants to produce, dealing with disappointment if vegetables don't develop). They will also develop a greater understanding of environmental impact and sustainability.

Students will be working with chickens, eggs, vegetables, fruits, compost and other garden items during the garden session. They will use tools and be digging, planting, pruning, fertilizing, watering and undertaking other garden tasks.

During kitchen week students will be cutting, preparing, handling food and cooking using a stove, oven or frypan. Students will also be eating the foods they harvest and cook.

We have put in place a range of health and safety strategies (including following current department and NSW Health advice on Covid-19 restrictions) to minimise any risks however risks still exist in any activity we do at school. Students will have protective equipment such as gloves and aprons available.

Students will undertake extensive safety training prior to being allowed to cook or work in the garden. Students will be asked to sign a safety agreement prior to working in the kitchen or garden (and we ask parents to countersign this agreement).

We ask that parents/caregivers provide us with information relevant to their child including allergies or other concerns. Please include any specific allergies eg: has an allergy to egg but can still collect the eggs from the chicken coop, vegetarian or dairy free.

We are confident that your child will find this program fun and engaging. More importantly they will be learning a range of critical life skills and putting in to practice skills and knowledge they have learnt elsewhere in a realistic environment.

Please complete the information below and sign the attached safety agreement. Both of these forms need to be returned to your child's class teacher as soon as possible.

If you have any questions about the program please contact Mrs Neale.

Yours sincerely,

Mr Michael Burgess

Ms Annie Neale

Principal

SAGKP Co-ordinator

---

**Please fill out the permission slips on the following 4 pages and return to the school office.**

## Program Consent

I have read all of the information provided in this note.

I do / do not consent to my child

\_\_\_\_\_ of class \_\_\_\_\_ participating in the Stephanie Alexander Kitchen Garden Program.

Name: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/2024

(Parent/Carer)

## Allergy/Health Information

During the garden section of the program students will be handling eggs, plants/weeds, manure, compost, mulch, soil, will plant/pick vegetables and fruit and undertake other garden tasks.

During the kitchen section they will use typical cooking ingredients, herbs, spices and condiments.

They will be washing their hands and washing up using detergents. They will be encouraged to try new foods. They will be cooking with eggs and eating food containing eggs. They will undertake other kitchen tasks.

We are aware of students with major allergies, however, if you have concerns about any possible food issues please indicate these below. Please tick the appropriate box and complete information where necessary.

My child has no known allergies to food, garden, plant or other products. They are able to fully participate in the Stephanie Alexander Kitchen Garden program

My child has the following concerns/allergies that may restrict their participation in the Stephanie Alexander Kitchen Garden Program. Please outline these allergies/concerns below:

---

---

---

Name: \_\_\_\_\_

Signed: \_\_\_\_\_

Dated: \_\_\_\_/\_\_\_\_/2024

(Parent/Carer)

## Kitchen Safety Information and Consent

When in the kitchen students will be using knives, electric mixing devices, cooking on hotplates and in ovens and undertaking other typical activities associated with preparing and cooking.

There are risks involved in these types of activities. We have taken steps such as good hygiene routines (hand washing etc), providing protective equipment such as aprons and providing safety training (including students requiring a 'knife' license to use a knife).

I am aware my child will be using knives, hot plates, ovens and hot water during kitchen sessions of the program

### My Kitchen Agreement

I \_\_\_\_\_ of class \_\_\_\_\_ agree to follow the rules of the kitchen and garden whilst participating in the Stephanie Alexander Kitchen Garden Program.

I will keep myself and others safe at all times.

I will use utensils and equipment correctly and safely.

I will not use utensils and equipment unless I have passed my training for those items.

I will follow all of the rules in kitchen.

I will always use my manners in the kitchen and show respect to all volunteers.

***I understand that if I do not adhere to this agreement I may have 'time out' from the program and not be able to participate in all activities until I can show I can keep this agreement.***

Student's name: \_\_\_\_\_

Student's signature: \_\_\_\_\_

Parent/Carer's Name: \_\_\_\_\_

Parent/Carer's signature: \_\_\_\_\_

## Garden Safety Information and Consent

During the garden section of the SAKGP students will be using tools such as wheelbarrows, hoes, rakes, shovels, forks, secateurs and other tools. They will be working in soil, compost and with natural fertilisers.

There are risks involved in these types of activities. We have taken steps such as providing protective equipment such as gloves and providing safety training (including students tool/wheelbarrow license to use tools).

I am aware my child will be using tools and working in dirt/compost/mulch during the garden section of the program.

### My Garden Agreement

I \_\_\_\_\_ of class \_\_\_\_\_ agree to follow the rules of the garden whilst participating in the Stephanie Alexander Kitchen Garden Program.

I will keep myself and others safe at all times.

I will use tools and equipment correctly and safely.

I will not use tools and equipment unless I have passed my training for those items.

I will follow all of the rules in the garden.

***I understand that if I do not adhere to this agreement I may have 'time out' from the program and not be able to participate in all activities until I can show I can keep this agreement.***

Student's name: \_\_\_\_\_

Student's signature: \_\_\_\_\_

Parent/Carer's Name: \_\_\_\_\_

Parent/Carer's signature: \_\_\_\_\_

## **Media Permission**

I understand my child's image may appear on the Stephanie Alexander Kitchen Garden Foundation's general publicity material and on their website ([www.kitchengardenfoundation.org.au](http://www.kitchengardenfoundation.org.au)) and may also be used to promote the goals and values of the Stephanie Alexander Kitchen Garden Foundation more widely, including in newspaper articles and on television, within Australia and overseas.

Parent / Guardian's Name

Parent / Guardian's Signature

---

---

Date     /     / 2024